

ઓશવાળ સમાચાર

news



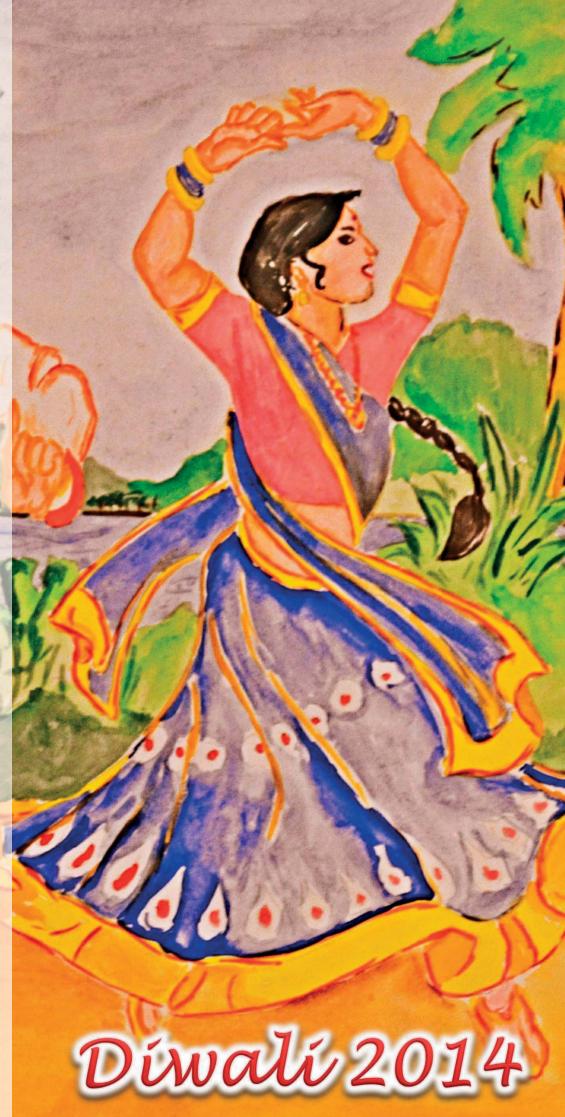
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Jai Jii	nend	Ira

People look much better and beautiful when they have smiles on their faces; I hope this Diwali is full of Joy and Happiness for you! Living the 'right' life is also quite important. Many people attended our Paryushan events all over the country. Details can be found in the magazine and our website, all the Areas have been very busy arranging the various events, we thank them for all the hard work We can always do with more helpers and Volunteers, please contact me by email or phone to register your names...

Your are invited to attend 'Diwali in London' on Sunday 12th October, at Trafalgar Square, starts 2.00 pm until 8.00 pm, we have also organized Chopda Pujan on 23rd October and our main Diwali Celebrations at Oshwal Centre on Sunday 26th October, please see all the details, and events by other Areas, all shown in this magazine and our website.

Best Wishes for the New Year ahead

Sudhir Meghji Shah

Trustee and Editor of Oshwal News sudhirmeghjishah@gmail.com 07785 710914

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OSHWAL NEWS is the magazine of the OSHWAL ASSOCIATION OF THE U.K.

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Charity Reg. No. 267037

For future publication of Oshwal News, please submit your material in Word format and pictures in JPEG or BMP format. Gujarati articles should be submitted in Word and PDF format using Shruti font in Microsoft Word.

Submit your publication material by emailing: Sudhir Meghji Shah at sudhirmeghjishah@gmail.com

Printer's Note: Paper used is from well-managed/sustainably managed forests.

General Information

As an Oshwal Member always first consider hiring facilities at Oshwal Centre (Potters Bars), Oshwal Mahajanwadi (Croydon) or Oshwal Ekta Centre (Kingsbury) for your functions. By hiring these Oshwal venues you will be supporting your community.

Weddings - Parties - Functions - Dances -Meetings - Conferences - etc.

Phone the Administrators at any of the offices regarding hall availability and charges.

OSHWAL CENTRE

Coopers Lane Road, Northaw Hertfordshire, EN6 4DG

Tel: 01707 643 838
Fax: 01707 644 562
Info Line: 01707 661 066
(Recorded Messages)
Email: admin@oshwal.org
Website: www.oshwal.org
Office open 7 days a week 9am to 5pm

OSHWAL MAHAJANWADI (Croydon)

Oshwal House, 1 Campbell Road Croydon, Surrey, CR0 2SQ

Tel: 020 8683 0258 (2pm to 5pm weekdays only)

Gujarati School Office Tel: 020 8664 9807 (9.30am to 12.15pm Saturdays only)

OSHWAL EKTA CENTRE

366A Stag Lane Kingsbury NW9 9AA

Tel: 020 8206 1141 Email: ekta@oauk-nw.org

OSHWAL SHAKTI CENTRE

Inwood Road Hounslow Middlesex TW3 1UX

Tel: 020 3441 1020 Email: shakticentre@oshwal.org

Marriage Registration

Oshwal Centre, Oshwal Manajanwadi and Oshwal Ekta Centre are registered buildings for the solemnisation of marriage. Registration of a marriage at both venues will be part of a religious ceremony, i.e. it will take place during and within the Jain / Hindu religious marriage ceremony. For further information, please phone the administrators.

Sadadi

If you would like to find out whether a Sadadi is being held at Oshwal Centre, Oshwal Mahajanwadi or Oshwal Ekta Centre, in respect of any deceased Oshwal, you may ring the Information Line at the Oshwal Centre and a Recorded Message will advise of the time of the Sadadi and the name of the person in whose memory the Sadadi is being held.

Information Line Tel: 01707 661 066 (Recorded Message)

Obituary / Shraddhanjali Messages

The rate for inserting an Obituary / Shraddhanjali message in Oshwal News is £150.00 per page per issue.

Please ensure that wherever possible a passport sized photograph (preferably in black and white) is enclosed with the message which also should be **written out very clearly and neatly**. Please enclose your cheque and SAE for the return of any photos. Please note that it will not be possible to entertain any requests for proofs of these messages prior to printing.



President's Message

Dear Fellow Oshwals,
Jai Jinendra & Pranam
Michhami Dukhadam.

It's autumn and as we approach the colder and darker days of the oncoming winter, we can reflect on what a lovely summer we have enjoyed this year. It is quite surprising how fast the year has passed by. Paryushan was celebrated in all the Areas, with some wonderful new additions involving our younger generations including English lectures, short plays, and English Pratikaman. As well as the invited guests from Tapovan, we had local talent too, with speakers from SCVP and IOJ presenting lectures and debates on the relevance of Jainism. I am pleased that accompanied by my fellow Office Bearers and Executive Committee Members, we were able



to visit all the Areas with a large delegation. I thank you all for the warm and friendly welcome we received everywhere we attended.

Sunday 7th September was Dhaj Dhin and once again this year, through the sale of Tokens, one lucky family participated in the Dhaja ceremony. Congratulations to Sarlaben Satish Shah & Family (South Area). The Savantsari Bhojan thereafter, hosted by North West Area, saw one of the highest turnouts in recent times with over 4,400 Oshwals in attendance. We were honoured to have the Indian High Commissioner present at Dhaja Dhin, His Excellency Ranjan Mathai was accompanied by Mr Pritam Lal First Secretary and Mr Simon Dadd Migration Policy Advisor from The Home Office.



Left to Right - Keshavlal Vrajpar BOA, Dilip Raichand IOJ, Nilesh Bhagwanji OAUK, Simon Dadd Home Office, Jaysukhbhai Mehta IOJ, Sailesh Liladhar EC Secretary, Pritam Lal First Secretary IHC, His Excellency Ranjan Mathai, Raaxeet Harakhchand EC President, Nemubhai Chandaria IOJ, Harshad Sanghrajka IOJ, Tushar Jayantilal EC Vice President, Ashwin Dharamshi BOA. (Photograph courtesy of Vimal Shah)

The visit was arranged in conjunction with The Institute of Jainology and we are grateful to Nemubhai Chandaria OBE, Chairman IOJ, and his committee for their support and assistance.

The weekend of 14th September saw 5 Areas hosting Savantsari Bhojans. I attended South Area where there was also a Dhaja Dhin ceremony for the Ghar Derasar. Savantsari Bhojans at remaining three areas were completed on 21st September.

Our most sincere appreciation to the Area committees for all their efforts as well as the many volunteers who assisted throughout Paryushan and Savantsaris.

Diwali Celebrations

Diwali celebrations are upon us. Diwali in London will be celebrated in Trafalgar Square on Sunday 12th October. This year there is a parade planned and full details can be found on the DIL website. http://www.diwaliinlondon.com OAUK continue to be an active supporter and participant in these celebrations. We hope that many of you will attend.

Diwali events will continue at Oshwal Centre with Chopada Pujan on Thursday 23rd October. Dinner will be served. To participate, please register with the office. Dwar Opening will be at 6-30am on 24th October, the lucky winner of the Token was Bijalben A Shah & Family (East Area). A full day of celebrations will be held at Oshwal Centre on Sunday 26th October. This year we have all Areas participating with an interactive display and presentation on how Diwali is celebrated by the various regions in India. As usual, the Derasar will remain open on all the days. We look forward to seeing many of you over these auspicious days.

We have much more happening in the coming months. You will have all now seen the new look Oshwal Centre and we thank the many members who have supported us so generously in our fund raising drive. The schemes are still open;

£1,000 - Single Line Takti on General Donors Board

£2,500 - Single Line Takti on Lift Donors Board

£12,500 - Takti Lift Donor

£25,000 - 25th Anniversary Donor

£50,000 - Individual Donor Plaque

We have three Chandeliers still available as Nakro items at £10,000 each.

If you have thought about donating but have still not got around to making your donation, please do so now. There is a form on the website, you can contact me or any of the Oshwal Team who will be pleased to guide you. We are now starting the process of organising Taktis and had originally planned to hold an opening in

November. This has been put back as we are still not quite ready, we will advise all donors of the date in good time.

August 2015 sees the 10th Anniversary of our Derasar. We are planning a 4 day event. Please provisionally mark 27th August to 31st August 2015 in your diary. Full details of our programme will be announced in the New Year.

There is much more happening in the coming months and we will inform members as programmes are finalised. As always, we are indebted to all of you for your support and the many volunteers who assist us throughout.

There are two thoughts that I wish to share with you.

As Oshwals we are a very progressive community and many of our practical changes have been adopted by other communities. We hold Saddadi's at our centres to pay respects to those who have departed. Unlike other communities, we appreciate that many would like to attend and cannot sit throughout the two hours so we have a system where we can meet the family and leave. Increasingly, it has come to my attention that Saddadi's are becoming an opportunity to 'catch up with friends'. The level of 'chit chat' and even 'laughter' is at times quite distressing. Please, I urge all members to think why we are attending a Saddadi, if it is to genuinely pay our respects, should we not respect the family that has lost a loved one? Let's learn to be silent at these times and show our compassion. If you really must talk to someone, please meet outside the hall and talk on the steps, or pick up your phone and call them. This brings me to my second point. At Funerals, despite the regular announcement that all of us should switch off our phones, there is always one person who thinks it does not apply to him/her and has to have the phone on! Why? If you are really expecting an important phone call, I think you would show more respect in not attending a funeral.

I am sure there are many who will agree with my sentiments, perhaps others may think differently. As a progressive community, let's try and be a little more thoughtful.

With very best wishes to you all for Diwali & the New Year. May the New Year bring peace, prosperity, good health and happiness to all.

Jai Oshwal.

Raaxeet H Shah

Raaxeet Harakhchand Shah

Hon President

Oshwal Association of the UK

E: president@oshwal.org



Oshwal Association of the UK Diwali 2014 Celebrations Greetings from Indian cultures





26th OCTOBER

11 am to 4 pm



Come and see Diwali celebrations in different regions of India.



- Food stalls offering delicious food.
- Rangoli displays. Children will also be able to make their own Rangolis.
- Traditional and modern Diwali sweets presented by Northamptonshire area.



दिवाळी in a Maharashtrian home - presented by North area.

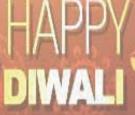
Ealul in a Gujarati home - presented by West area.

ਦੀਵਾਲੀ in a Punjabi home - presented by North West area.

पिउयापि in a Bengali home - presented by East area.

दिवाळी) in a Rajasthani home - presented by North East area.

தீபாவளி (Tamil); கிపావಳಿ (Telugu) - in South India, presented by South area.



Diwali celebrations in Jainism





For more information contact Mradulaben Babulal Shah (020 8441 4387)

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Oshwal Association of the UK

EXECUTIVE COMMITTEE

President: Raaxeet Harakhchand Shah Please reply to: The Registered Office

Secretary: Sailesh Liladhar Shah Editor: Sudhir M Shah

Re: Oshwal News – Information for Advertisers

New Rates for 2015

Pranam

Oshwal News is a very important publication for the Oshwal Community, This is our only magazine which is printed four times a year to inform our members about the past and future events, other important community news on Religious matters, Gujarati Language and Festivals. Many new sections are to be added soon to make 'Oshwal News' a really nice publication.

You are aware that our Community is very successful and has the spending power for the Services that you offer, this magazine gives you great exposure to promote your businesses. We thank you for all your past support, but going forward we want to ensure that our costs are covered and that OAUK does not bear any unnecessary losses. I hope you will support our Community on a longer term basis. Wherever possible we ask Advertisers to give special discounts or have promotions which will benefit our members.

The advertising rates will now need to increase slightly due to higher costs on Printing & Postage. Please see below our new 2015 rates, however for all regular Advertisers we will give you a 10% discount if you book for 4 consecutive issues.

Oshwal News Magazine - for 2015	Rates	Rates for 4 issues
Front Cover (Inside – Full page only)	£450	£405
Back Cover (outside – Full page only)	£500	£450
Back Cover (Inside – Full page)	£450	£405
Full Page	£350	£315
Half Page (1/2)	£225	£203
Quarter Page (1/4)	£175	£160
Half of Quarter (1/8)	£125	£113
Small Adverts 8 x 4 cm box (members only)	£40	£36
Obituary / Shraddhanjali per page	150	N/A
-		

Your support is valuable, we are always seeking donations for our major projects. For the future you can also consider 'Sponsorship' of one of our 'Events' - Please let us know if you would be interested? Please note, we will no longer have any <u>Reserved</u> pages, i.e. for the inside front cover, and back cover both sides these pages will be offered on rotation basis on first come basis to regular advertisers. For all other pages, unfortunately we cannot offer you a firm guarantee whether your advert will be placed on the RHS or LHS, but we will consider your requests carefully, the overall design and layout of each issue that we will publish will be our first priority

Thank you

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ધર્મ - કર્મ પર સુવિયાર

ધર્મપ્રેમી ભાઈઓ અને બહેનો,

આપ સર્વેને સાદર પ્રણામ.

ધર્મ એ માનવની મા છે, માતા જેમ પોતાના બાળકો પર વ્હાલ વરસાવે છે તેમ ધર્મરૂપી મા સતત આપણા પર (અષ્ટ પ્રવયન માતા) પ્રેમ અને વાત્સલ્ય વરસાવ્યા જ કરે છે, પણ આપણે અજ્ઞાની જીવો મનની શાંતિ મેળવવા જ્યાં ત્યાં ભટકીએ છીએ અને કરોળિયો જેમ જાળમાં અટવાઈ જાય તેવું જ આપણું છે, છૂટવાને બદલે બંધાતા જ જઈએ છીએ.

અને હા માનવીને એક દિવસ તો યોક્કસ સાચે પંથે વળવું જ પડશે, આજે નહિ તો કાલે. એક માણસને ધર્મ રૂચે છે ને બીજાને નથી ગમતો કારણકે સંસારને જ્ઞાનીઓએ નાટક સાથે સરખાવ્યો છે અને આ રંગ મંચ પર નાટક ભજવવા માનવી જેવા સંસ્કાર લઈને આવે છે તેવું પાત્ર તેને ભજવવું પડે છે, યાઢે સારું હોય કે ખરાબ - હા માનવી ધારે તો ધર્મ ધ્વારા સુધારો જરૂર કરી શકે. જન્મ અને મરણ આપણા હાથમાં નથી પણ જન્મીને કેવું જીવવું તે આપણા હાથની વાત છે. (સાચો રાહ સાચો ગુરૂ).

કર્મનો ઉદય છે અને મન છે ત્યાં સુધી આ પાપો તો થવાના, એને કોઈ રોકી નથી શકતું. પણ હા, પરીસ્થિતિ આપણાંથી બદલી શકાય, શુભ ભાવમાં મનને લઇ જઈએ. આપણાં પોતા માટે દુષ્કૃતની નિંદા કરીએ અને સુકૃતની અનુમોદના બીજા માટે કરીએ.

જ્ઞાન અને ભક્તિ - માનવ જ્ઞાન અને ભક્તિની વાતો કરે છે, મોટા મોટા ભાષણો કરે છે પણ જીવનમાં, વ્યવહારમાં આપણે આયરણમાં મૂકી શકતા નથી એટલે મનની શાંતિ મળતી નથી. અને હા માનવી ગમે તેટલો ધમપછાડા કરે પણ જીવનમાં આવતા સુખ અને દુઃખ કર્માધિન છે અને આ કર્મ રાજાને કોઈની શરમ નથી, યાફે રાજા હો ય રંક, આ ભવમાં અથવા પૂર્વ ભવમાં કોઈ પણ કર્મ સારા યા ખરાબ કર્યા હોય તે ગમે ત્યારે ઉદયમાં આવે જ છે, તે યોક્ક્સ છે. ઘણી વાર આપણે સાંભળીએ છીએ અથવા કફીએ છીએ કે કર્મ જેવું કંઈ છે જ નિહ તો તેના પ્રત્યક્ષ દાખલા આપણે સંસારમાં નિહાળી જ રહ્યા છે. એક જ માં બાપના સંતાનો છતાં આમ કેમ? એક બુદ્ધિમાન અને બીજો સાધારણ - આ કર્મ સત્તા એટલી તો બળવાન, તાકાતવાન અને ન્યાયવાન છે કે એની પાસે કોઈની લાગવગ કામ નથી આવતી, કર્મ એટલે કામ - એટલે જ કહ્યું છે કે જેવું વાવ્યું હશે તેવું લણશું - સારું યા ખરાબ.

ખાસ સુચના

ખાસ જણાવવાનું કે 2015ની માર્ચ એપ્રિલમાં આવતી આયંબીલ માટે એક એક દિવસના દાતા જોઈએ છીએ. નકરો છે એક દીવસનો £600 - વહેલો તે પહેલો જેમને આ લાભ લેવાની ભાવના ફોય તે મને જરૂર જણાવશોજી.

ફ્રીન: 020 8907 1570 સમય: સાંજે 8 થી 10 માં જરૂર મળી શકાશે.

- સુશીલાબેન લક્ષ્મણભાઈ (Religion committee chair person)



ANAND YATRA

Visit Oshwal Centre & Deraser At Potters Bar by OAUK Organised Coach

Concept – We want to give all life members an opportunity to visit the OAUK centre and deraser – especially those who do not have transport.

Coach Runs - Fridays on the following dates

October 2014: November 2014: December 2014:

17th North West 7th North East 5th North West 31st North 14th North West 12th North

21st North 19th North East

28th North East

Coach Details, Pickup and Stops per Individual Areas:

North East Area: Starting from Bounds Green Station (9.30am) to Southgate Station to Cockfosters Station to Oshwal Centre

North West Area: Starting from Kenton Library (9am) to Queensbury Station to Canons Park Station to Edgware Station to Oshwal Centre

North Area: Starting from Kenton Library (9am) to Queensbury Station to Canons Park Station to Edgware Station to Oshwal Centre

Cost - £3 per member for Transport & £2 per member for Lunch respectively -

Places for both must be registered beforehand with Area Contact person

Programme

10.00am - 10.15am - Arrival & Mingle

10.15am - onwards - Deraser activities - including Snatra Pooja

10.15am - 11.15am - Yoga - please bring your mat

11.15am - 12.45pm - Card games

11.45am - 12.45pm - Gentle exercises

1pm - 2pm - Jain Lunch

2pm - 2.30pm - Talk or Discussion or Games or Activity

2.30pm- Depart (if by coach)

Donations Welcome

£451 towards the coach & lunch. Please contact the office at the centre or Mradulaben Babulal Shah (0208 441 4387)

Contacts for more info:

North

Sarojben Shashi Shah

Tel: 020 8420 4606

Email: saroj 45@hotmail.co.uk

North East

Pushpaben Jayantilal Shah

Tel: 020 8886 9812

Email: p3shi@hotmail.co.uk

North West

Sushilaben Laxman Shah

Tel: 020 8907 1570

East Area









Paryushan - 22nd August-29th August 2014

By Arunaben Ramesh Shah (East Area Religious Chairperson)

Paryushan was celebrated very well this year, on the first day we had a Nem & Rajul Saaanji, some ladies from the Thursday Club participated in this and sang stavans. Following this on Saturday, there was a small play on Nem & Rajul's Wedding. Most of the Committee members took part in the play and some children from the audience also were involved. There was also a dance by Sruti. Everybody took part enthusiastically, and did very well. The audience felt like they were at a real wedding. The play was organised by Sushilaben Chandrakant Shah.

On Tuesday 26th August we celebrated Mahavir Janma Kalyanak, all the biddings for the 14 Sapnas, Parnama Shrifal Padhravanu, Parnu Julawanu, Arti and Mangal Divo went well. The Parnu was taken by Amratben Raichandbhai's family and lots of people were able to attend the ceremony at the house too.

On Thursday 28th August we had our Tapasvi Bahuman, this time we had one Tapasvi, Hiten Ramniklalbhai Jesang who fasted for 9 days. The bahuman was carried out by Rajubhai Raichand, Kanchanben Jitendra and Bansiben Chandulal Shah. The East Area Committee would like to thank all those who participated and donated during Paryushan. Michhami Dukkadam









UPCOMING EVENT

Diwali at Oshwal Centre

For our Oshwal Diwali Celebrations this year each Area has chosen a culture on the theme 'Diwali Celebrations in India'.

East Area is going to be displaying 'How Diwali is celebrated in Bengal'. The display will be at Oshwal Centre on 26th October. If you would like to be involved or have any ideas/suggestions please contact Hemini Raju Shah by Phone 07957308702 or by email: hemini_shah@hotmail.com

OAUK East Area & Essex Presents...

Ex East Area Gujarati School Gathering (For ex- students & teachers)

Date: Saturday 29th November 2014

Time: 7pm-10pm

Venue: Canon Palmer High School, Aldborough Road South, IG3 8EU

Contact: Taraben Kishore Haria

Tel: 0208 503 9010

E-mail: tarliharia@hotmail.com

Light Refreshments will be served



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The evening will be a chance to meet, greet and share memories of our East Area Gujarati School. If you know anyone that was a part of the school please inform them about this gathering!









Audience playing cards and watching the competition

Judging time!

Rameshbhai Stirring the Shak

Ready Steady Cook Night!

On Saturday 26th July, East Area held a Ready, Steady Cook night. Our 4 participants were; Ashwin Virpar Shah, Chandrakant Nathu Shah, Chandrakant Dharamshi Shah and Jaichand Meghji Shah. As the time began, they eagerly began preparing a salad with the provided fruits and vegetables and as the audiences observed and waited, we soon realised this was going to be a tough competition. After 30 minutes it was judging time! Pravinaben Rasik Shah and Mahesh Kanji Shah were chosen to be the judges; they went around and observed each salad based on the preparation, presentation and taste. Whilst the judges collectively came to a decision, the public tucked into some garam mung and Debra (accompanied with the salads of course!). Everybody enjoyed the evening and went away with some good advice/tips on preparing salads. A Special thanks to all the volunteers, participants and judges for this evening.



Best Salad goes too...Jaichand Meghji Shah

Runners Up

Savantsari Bhojan- Sunday 21st September

This Year East Area held their Savantsari Bhojan at Oshwal Centre between 4:30-7pm and we had a great attendance of 450 people. The cooking began from Saturday where delicious Motia Ladoos were made, I'm sure everyone who attended on Sunday will agree these were a hit! The other food was all prepared freshly on Sunday by the hard working Volunteers. The Savanstari Bhojan was sponsored by the family of Late Santokben Devji Meghji Shah. On behalf of the East Area Committee we would like to thank the Sponsors, Volunteers and Public for participating in this event with us and we hope you



Event

Picture	
D.K.dli	

Event Name Logo

Narrative



Diwali Gathering with Light Refreshment

Friday 24th October 2014

Canon Palmer High School, Aldborough Road South, IG3 **8EU.**

7pm – 11pm

Free Event

An evening to meet and greet and enjoy some entertainment. We would like everyone to get involved and

bring some sort of item to create a Diwali Display. It could be a handmade Diwali card, Rangoli design (pre-made), Decorated Divas, Mithai in a thali display etc. Please encourage the young, the old and the in-between to participate.

For More information please contact:

hemini shah@hotmail.com 07957308702

Facebook- OAUK East Area



East Area Gujarati School Re-Union

Saturday 29th November 2014

Canon Palmer High School, Aldborough Road South, IG3

7pm-11pm **Free Event**

RSVP by 3rd November

An evening to re-unite with old friends, teachers and students. There will be a surprise item at the event too.

Light Refreshments will be served

For more information please contact Taraben Kishore Shah by phone 02085039010 by email tarliharia@hotmail.com

Event Logo / Picture

Event Name

Narrative



Thursday Fitness Club -Every 2nd Thurs – last Thurs

of each month

1pm - 3pm

Albert Road, Ilford

St Albans Church

Entry: £1.50 per person to pay for hall hire

All ages welcome

There are Satsangs, Exercise classes, Talks, social afternoons and Light Refreshments.

For more information please contact Lalitaben Amratlal Shah on 02082208827





We need Volunteers to help distribute food on the 18th and 25th October.

If you are interested in helping out, please contact Bansi Chandulal Shah.

By email- bsafe86@gmail.com

By phone 07932094609.

UPCOMING PROGRAMME...

We would like to organise an East Area Talent Show in one of our upcoming monthly social evenings.

If you have a talent/hobby that you can share with us then please come forward and let us know.

It could be ANYTHING from dancing, singing, playing a musical instrument or even telling a joke, giving a talk on a topic, speaking another language etc.

All ages are welcome, for more information or to put your name down, please contact Hemini Raju Shah.

By Email- hemini shah@hotmail.com

By Phone- 07957308702

Hall.

East Area & Essex Presents...

(By Popular Demand)

DAAL ROTLI AFTERNOON

Date: Sunday 28th December 2014

Venue: Oshwal Centre, Coopers Lane Road, Potters Bar, EN6 4DG

Time: 3pm-5pm (Lunch) 5pm-6pm (Chai & Cakes)

Price: £5 (Members) £7.50 (Non- Members)

For bookings please contact:

Rasikbhai Nathoo Shah- 0208 9895089 or pravinarasik@yahoo.co.uk

Rajubhai Rajnikant Shah- 0208 5544470 or hemini_shah@hotmail.com







Leicester Area

Bowling Event

Bowling was organised for youth and adults on 14th September 2014 in the hope that more youth will come along and participate. There were 6 youth and 8 adults who participated in bowling. There were other spectators who came to support the event.





Adults played one game and youth played two games. Everyone enjoyed bowling and mingled with each other. The enthusiasm was great that they wanted to know when the Youth committee are organising another session. Hopefully there will be more children participating next time.

Chopda Pujan Leicester Area

Date: 23rd October 2014

Time: Participants to arrive

by 7.00 pm, the

ceremony to begin at

7.30 pm

Venue: JR & Co., 8 Cross

St, Leicester LE4 5BA

Please confirm attendance to Nikunjbhai on 07950 287 925







Paryushan

As always, Leicester area Oshwals celebrated Paryushan with great sincerity and devotion.

There was a wonderful turnout during all the 8 days. It was heartening to see everybody make time in their busy schedules to join the community in observing Paryushan.

The days began with Pratikaman and went onto evening discourses with stavans, announcements and presentations and many performances.

The tapasvis were honoured at the paynas on the Saturday following the 8 holy days of Paryushan. There was a healthy presence from the younger members of the community. It is good to see the future leaders of Oshwal coming out and actively participating and contributing positively.

After Paryushan, a coach load of members went to attend the Dhaja Din at Oshwal Centre at Potters Bar on 7th September. The savantsari was held on 21st September. It is hoped that this great celebration of Jainism will be observed and be relevant for many years to come in Leicester.

On Friday and Saturday young Oshwals of Leicester entertained us with various Jain performances. It included Jain stories, skits, Jain articles and a comedy play. The youngsters put in a lot of time and effort to perfect their routines. It was the first time they

have taken the lead and their contribution was much appreciated. Thanks to all who took part and we hope they will continue to participate in Oshwal activities so that they can grow to be our future leaders.











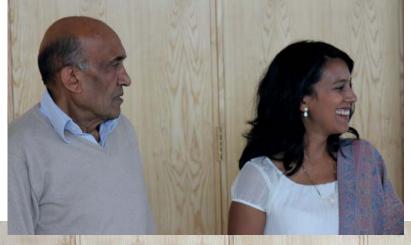






Leicester Area

Savatsari Bhojan







OAUK Leicester Committee would like to thank all the supporters.





Oshwal Association Of The UK

Leicester Area

PROUDLY PRESENTS

CULTURAL PROGRAMME

TO CELEBRATE

FESTIVAL OF DIWALI

ON SUNDAY 26TH OCTOBER 2014

BRAUNSTONE CIVIC CENTRE,
209 KINGSWAY,
LEICESTER,
LE3 2PP

PROGRAMME: 2:30pm ONWARDS, DINNER: 5:30pm

TICKETS:

S-12 YRS OLD — \$5.00; 13-16 YRS OLD & MEMBERS — \$7.50 NON-MEMBERS — \$10.00

Contact:

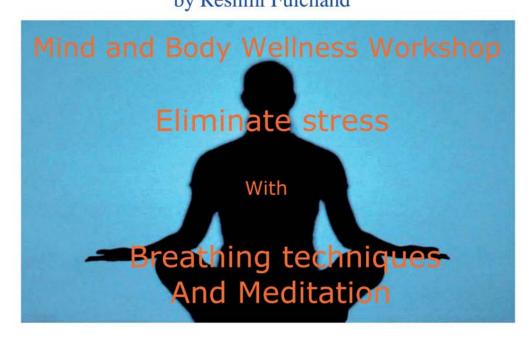
Dravinaben — 0116 2200189; Nitaben — 0116 2760820

The Leicester Area Committee wishes everyone a very Happy Diwali & A Prosperous New Year



Oshwal Association of Leicester Presents THE ART OF LIVING

by Reshmi Fulchand



- Infuse your body with energy
- Detoxify through breathing
- Make your mind calm
- Control negative emotions
- Increase focus and attention
- Create a sense of wellbeing

You will also learn the principles of healthy living, effortless meditation and tools to chart a new course in life.

Please wear loose clothes, bring a mat/blanket, water bottle, and a shawl to keep warm.

Seminar date and time

Sunday November 16th 2-4pm Refreshments 4-5pm

Location details

At Silverdale Community Centre Silverdale Drive, Leicester, LE4 8NJ

Cost:

£3.00 Members £5.00 No

£5.00 Non-members

Children under 12 - Free

Contact details

For further details and to register for attendance please contact:

Nitaben Shah – 0116 2760820 by 9th November 2014 Rashmikaben Shah – 0116 2718525

Luton Area



Paryushan and Savantsari Bhojan message

Jai Jinendra

My heartfelt appreciation to the Religious Committee volunteers, the Area Committee and especially the Luton Community who helped to make our Paryushan a spiritually uplifting and enjoyable festival. Our Luton Area may be small, but it has proved to have a big heart in generosity, spirituality and unity. It was good to see so many members, locally and from nearby towns, young and not so young, during the Paryushan Festival and the Savantsari Bhojan.

My special thanks to all who have been very kind with their positive feedback. It is always good to hear first hand from the community, both positive comments as well as any improvements that we can make going forward. Our committee believes in being positive and welcomes any new ideas.

We are very fortunate in this country to have all that we need to be able to lead a happy and contended life. Unfortunately, negative thoughts and deeds arising from greed, ego, envy and lack of understanding can often lead to unhappiness. This unhappiness and resulting insecurity can spread to siblings and other family members close to us. This life that we are living in is precious but with limited time. Awaken our souls, discard our negative thoughts, look for good in others and understand the true meaning and purpose of Michhami Dukkadum and we will see the improvements in our well being and to those around us.

Michhami Dukkadum . Ella Rajesh, Luton Area Religious Committee.

લુટન એરિયા

આઠ દિવસના પર્ચુષણ મહા પર્વમાં સૌને આનંદ આવ્યો. દરરોજ થોડા ભાવિકો પ્રતિક્રમણ માં ભાગ લેતા હતા. ત્યાર બાદ મોટી સંખ્યામાં લોકો પધારી ભાવના અને આરતી, મંગળદીવાનો લાભ લીધો. દરરોજ પ્રભુનું નામ લઈ બધા આનંદથી ભક્તિ કરતાં. એજ રીતે મહાવીર પ્રભુના જન્મના દિવસે પ્રભુનું પારણું રાજેશભાઈ જેઠાલાલ ના પરિવારને ત્યાં આવ્યું અને સૌએ પ્રભુની ભક્તિ કરી.

સંવત્સરી પ્રતિક્રમણમાં મોટી સંખ્યા માં બધાએ લાભ લીધો. આ મોટા દિવસે સૌએ એક બીજાને મળી મિચ્છામી દુક્કડં કરી ભક્તિમય વાતાવરણ સર્જુય.

લુટનમાં તપસ્વીઓએ તપસ્યા કરી તેમની અનુમોદના કરીએ.

રાજશ્રીબેન મિલન શાહ – અક્ષઈ, શાંતાબેન ઝવેરચંદ શાહ - છક્ષ અક્ષમ, રંજનબેન કાંતિલાલ સુમરિયા અક્ષ્મના પારણે અક્ષ્મ, ની તપસ્થા કરી. તેમજ ઘણા તપસ્વીઓએ નાની મોટી તપસ્થા કરી તપનો પ્રભાવ વધાર્યો.

૧૪ સપ્ટેમ્બરે સંવત્સરી ભોજનનું આયોજન કરેલ, તેમાં મોટી સંખીયામાં લોકો પધાર્યા હતા. સૌ સાથે મળી સ્વાદિસ્ટ ભોજન બનાવ્યું અને ગ્રહણ કર્યું.

તમારા બધાનો ખૂબ ખૂબ આભાર. આપ સૌના સાથ અને સહકાર અને પ્રેમ થી આ પર્યુષણના મહા પર્વને આપણે સૌએ સાથે મળીને ખુબજ આનંદ મનાવ્યું.

આપણે હમેશા કહીએ સતકર્મથી સ્વર્ગના દરવાજા ખુલ્લે, પણ સ્વર્ગ તો અહિ જ છે, જ્યારે આપણે સાચી પ્રભુની ભક્તી કરીએ અને સાચા દિલથી એકબીજાને મદદ કરીએ., ત્યારે પ્રભુ આપણા આત્મામાં બિરાજે છે. અને આ જગત જ સ્વર્ગ બની જાય છે.

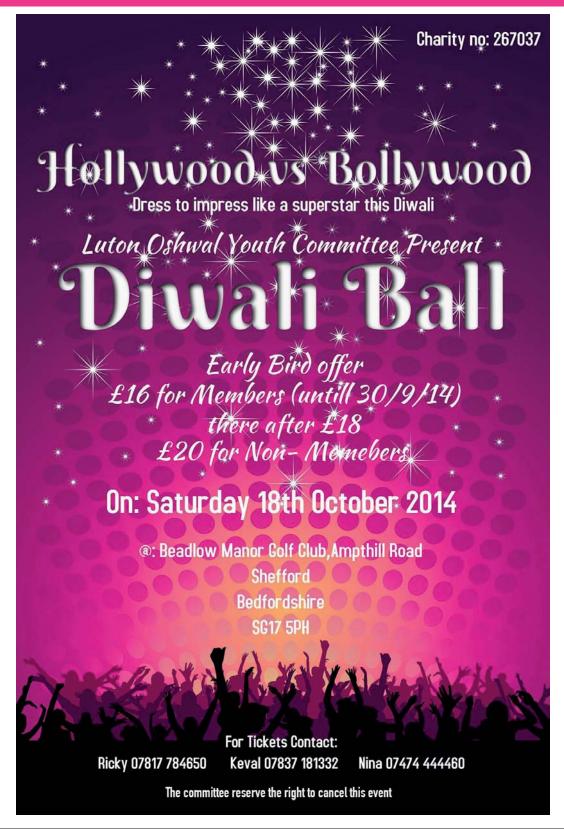
ઇલા રાજેશ, રિલિજયસ કમિટી લુટન.

મિચ્છામી દુક્કડં

Forthcoming event – Diwali Ball on Saturday 18th October 2014, at Beadlow Manor Golf Club, Shefford, SG17 5PH, 7pm till late. Tickets – Oshwal Members £16 (£18 after 30/9/14), Non Members £20. Please see attached poster on our website link http://www.oshwal.co.uk/events/diwali-ball Contact Nina 07474 444460 Keval 07837 181332 Ricky 07817 784650

Participants required for the Oshwal Sports Day Oshwal Sports Event - 6, 7, 14th December 2014: Luton Area is looking for 2 participants for the ladies darts singles and doubles event and also anyone who can take part in the swimming competitions.

For further information please contact Nina on 07474 444460



Cards Club at Warden Hill Centre	8-10pm (contact Nina 01582 581 418)
5 th October, 29th November, 27th December	
Friday Club at Warden Hill Centre	8-10pm (contact Nina 01582 581 418)
10 th October	Jelebi Gathia
21 st November	Mexican Night
19 th December	Christmas Party
Luncheon Club at Hindu Mandir	11am-3pm (contact Ella 01582 402 080)
20 th October, 17th November, 22nd December	Yoga, Satsang, Lunch and other activities

FUND RAISING SCHEMES 2014-16

OSHWAL ASSOCIATION OF THE UK

Oshwal Centre, Coopers Lane Road, Northaw, Herts. EN6 4DG

Registered Charity no. 267037



I would like to donate the sum of:		Please allocate my donation to:
£50,000	£25,000	General Donation
£20,000	£12,500 [Oshwal Centre Refurbishment
£10,000	£5,000 [Oshwal Ekta Centre
£ 2,500	f 1,000 [Oshwal Shakti Centre
£Other (Please state amount)	South London Mahajanwadi
To Oshwal Association of the U.K.	·	
FOR MORE DETAILS OF FUNDRAISING SO	CHEME PLEASE SEE OVERLEAF OR VI	SIT www.oshwal.org
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not exceed the amount of incon	tax reclaimed by OAUK on your do ne and/or capital gains tax you pay are so that you are no longer a UK ta	n any tax year. Please notify OAUK
Signature	Date:	
Please tick this box if you do NOT want O	AUK to publish your name:	
Methods of Payment:		
Cheque – Payable to Oshwal Association	of the UK	
BACS / On Line: Please Remit to: Oshwal Association Barclays Bank plc Account No: 00757 Sort Code: 20-35-9	969	
	name / membership number as a re	
Please fill in the above details in CAPITAL	S and submit this completed form to	the The Fund Raising Team:
✓ By post: Oshwal Centre Coopers La	ne Road Northaw Herts EN6 4DG	
√ By Email: admin@oshwal.org		
Please send the cheque to Oshwal Centre Raising Scheme.	e with your name & address on the I	pack & a note that it is for the Fund
Takti Details will be by a separate form,	we will contact you again to reque	et details
For Internal Use Only		
Cash / Cheque Banked on:	Bank Slip No:	Receipt No:
BACS Payment Received on:	Reference:	Receipt No:
Official:	Signature:	Date:

Northampton Area

YOUNG JAINS TESTER SESSION - 14th June 2014

REPORT BY NITISH SHAH

What is the winning hand? What is the winning mindset?

Every day, we are dealt the cards of life, and with every card we have an opportunity to make a choice, and this will affect our current hand. Its what we do with the card (opportunity, event, incident) that will influence what our future could be. This was the theme of the taster session of the Young Jains convention. The two deliverers Priti and Anuj amazingly put across the idea of how we can use Jain dharma and practice in our every day lives in a practical way. They showed us the idea of changing the way we think and react to situation presented to us can have such a great impact on our lives. We were prepared to think about how we can react to each and every situation in order to not let it affect us adversely.

All those who attended really enjoyed the session and look forward to future ones. I am sure whoever attended the Young Jains UK 10th convention on Sat 26th and Sun 27th July 2014 has attained great knowledge on Jainism and may be found lots of answers to their questions they might have thought about life.

Paryushan Celebrations 2014 and Workshop on Ghathiya and Aghathiya Karmas and Essence of Pratikraman in English during

Report by Fulvanti Shah

This year the 8 days celebrations went very well this year. We had about 25 to 30 people daily for pratikraman. As always Punjabhai and Jivubhai conducted them. Various ladies took part in saying the stavan, thoi etc. Hansaben read out pravachans sent over by her guru from India and were very enlightening. After the pratikraman we went across to the temple for bhavna. Again this year as always, Mahendrabhai, Jyotshnaben and Chirag served us with beautiful and melodious stavans. Aarti and Divo took place daily. Mahavir Janmakalyanak was very well attended and celebrated as was on the last day when we had 108 diva aarti. This year we had 3 tapsvi behenos, Gitaben (observed maun upvas), Kumdben and Kanchaben and our congratulations to them all.

Workshop

Jyotshnaben, Trusitben, Shrutiben, Vibhutiben from South London Shree Chandana Vidyapeeth team in conjunction with Institute of Jainlogy (IOJ) conducted the workshop on Karma theory. They were accompanied by Prakeshbhai who very kindly drove them to Northamptonshire.

The main aim of this workshop was to understand Ghathiya and Aghathiya Karma. To describe the processes of ashrav, bandha, samvar and nirjara - involved in karma bondage and release. To list and illustrate 8 main types of karma and to encourage audience participation in the workshops.

The session began with an introduction and understanding of the Jain universe - namely Siddhashila (abode of the liberated souls), Deva gati, Manushia gati & Triyanch gati (abode of Humans and animals), Narak gati (abode of the Hells beings)

Jain Philosophy does not believe in a creator God. Jains believe every soul has the potential to attain nirvana/moksha/liberation. A perfected soul, pure and free from attachment is deemed to have attained siddha status. Jains believe that the Universe has been in existence with no beginning and no end and is subject to the inherent laws of nature.

The workshops explored ways in which you bind Ghathiya and Aghathiya Karmas and the processes involved to shed them.

The workshop was attended by all age groups from age 10 to 80 plus. The Essence of Pratikraman in English on Saturday evening again was well attended by a whole range of age groups.

Jai Jinendra

Non Regular events

- SATURDAY 4TH OCTOBER COOKING DEMONSTRATION WESTON FAVEL PARISH HALL TIME: 7PM 11 PM
- SATURDAY 25TH OCTOBER DEEPAVALI GET-TO-GETHER RANGOLI/GHARI AND GULAB JAMBU COMPETITION WESTON PARISH HALL TIME: 7PM 11PM
- SUNDAY 30TH NOVEMBER OPEN BHUKHAR OSHWAL CENTRE, COOPERS LANE.-DETAILS ON THE LEAFLET. ENGLISH AND GUJARATI RULES FOUND ON THE WEBSITE.
- SATURDAY 20TH DECEMBER XMAS PARTY WESTON PARISH HALL TIME: 7PM 11PM
- SUNDAY 3RD MAY 2015 CELEBRATIONS ON 25TH ANNIVERSARY OF ESTABLISHMENT OF NORTHAMPTONSHIRE OSHWAL ASSOCIATION OF UK

Regular events

- Fun Club Every 3rd Saturday of the Month, Time: 7.30pm 11pm, Tickets £1.50 (members)
- Jain Philosophy Classes Every Monday, Venue: Fulvantiben's Residence. Currently Discussion On Bhavnas. Free, Time: 8pm approx 9.30pm
- Twin Heart Meditations Every 3rd and 4th Thursdays of the Month. Weston Favell Parish, Hall, Booth Lane South NN3 3EP. Time: 7.30PM 9.00pm. Open to All.

More details on: www.oshwal.co.uk/events



Oshwal Association of the UK

Northamptonshire Area

presents

Open Bhukhar Competition Open to all Areas

At Unity Hall, Oshwal centre, Coopers Lane Road Northaw, Hertfordshire EN6 4DG

Date: Sunday 30th November 2014 Time: 09:00am - 4:45 pm

(Please arrive before 9:00 am to register)

Entry fees: Members £10; Non-members £13 (Teams of 3 people required)

Includes breakfast (9:00 - 9:35) and Lunch (13:55 - 14:45)

Tea, Coffee, water and light refreshments will be available during the day.

A set of rules in English and Gujarati will be available from the OAUK Website. For competition entries and further details please contact:

Usha Ashok Haria:

ushashah60@hotmail.com

01604 469436

Organisers reserve the right of admission and the right to amend date and venue



OSHWAL ASSOCIATION OF UK NORTHAMPTONSHIRE



SATURDAY 25TH OCTOBER 2014

7 00PM-11 00PM

WESTON FAVELL PARISH HALL, BOOTHVILLE LANE SOUTH,



RANGOLI **GULAB JAMUN GHARI** DIWALI CARD COMPETITION





A LIGHT SNACK WILL BE PROVIDED AND THEREAFTER PROGRAMME FOR RAAS GARBA WILL COMMENCE

For those wishing to take part in these competitions, please contact; Usha Shah—Tcl: 01604 469436/ushashah60@hotmail.com Gita Shah — Tcl: 01604 584971/gitashah54@hotmail.co.uk

Once we get the numbers and age groups we will let you know more details about the competitions. All ages are welcome in all four competitions. NAMES FOR THE PARTICIPANTS FOR THE COMPETITION SHOULD BE SUBMITTED BY 19 OCT 2014

NAMES FOR ATTENDING THE FUNCTION PLEASE LET US KNOW BY 22/10/2014

The Organisation reserve the right to amend the details of the event.

Charity Reg. No. 267037



OSHWAL ASSOCIATION OF UK NORTHAMPTONSHIRE

PRESENTS



Ghari

By Hansaben

2014 From 7pm-10 pm



Saturday 4th October



Venue: Weston Favell Parish Hall Booth Lane South Northampton NN3 3EP Deadline for Attendance confirmation 30th September 2014



Cake Pops By Grishmaben

Contact: Jayshreeben On 01604 844895 jasu@nalin.fsnet.co.uk Or Ushaben On 01604 469436

OMMITTEE RESERVES THE RIGHT TO CANCEL OR TAKE ANY AMENDMENTS TO THE EVENT

ushashah60@hotmail.com



Ghughra By Ushaben

Price: £2.00 Members £3.00 Non-members

> ALSO Champa Shah Teaching

> > Garbas

With a twist Traditional, Latino Funky and Intricate Steps

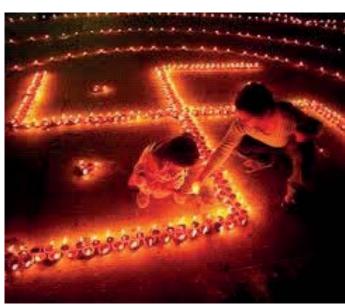
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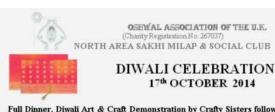
North Area

North Area Chairperson Message

"Diwali is a time for rejoicing and I take this opportunity of wishing everyone a very Happy Diwali and a Prosperous *New Year. Another year has flown by* and in the last year, North Area has been very active in organising various events to cater for all age groups. More exciting events are in store - please keep on supporting the Committee. As ever, we are looking for new ideas and suggestions so your contributions are most welcome. Best Wishes. Daksha."

Daksha Maroo - Chair Person





Full Dinner, Diwali Art & Craft Demonstration by Crafty Sisters followed by craft activity, Mehndi and Social Activity

Venue: Woodhouse College ,Woodhouse Road, Finchley London N12 9EY

Doors Open: 6.45pm Dinner: 7.00pm - 8.00pm Demonstration & Activity: 8.00pm - 9.30pm 9.30pm - 10.00pm Tea/Coffee/Biscuits: 10.15pm Carriages:

Tickets

Members: £8.00 Non Members: £10.00 Under 12's: £5.00

For tickets and further details please contact

Kuntesh Shah Kailas Haria 07952 708592 07825 339317 Nilam Shah Ila Shah 07828 951762 Kailash Shah Gita Shah 07951 461591 Bharti Shah Deepti Haria 07508 718267 07803 031408

Please bring your old wedding invites to recycle into beautiful Diwali Cards









OAUK - North



For more information: www.scvp.ore.uk

Invites you to a series of 4 evening talks in English

Mahavir - the Modern Messiah



We will be discussing how Jainism has evolved over time and the timeless nature and relevance of Mahavir Bhagwan's message to us in the modern

These sessions will be led by a group of expert teachers from SCVP Jain School.

> DO NOT MISS OUT, IT COULD TRANSFORM YOUR LIFE!

Dates: On Wednesdays; November 5th, 12th, 19th and 26th Timings: 8.15pm - 9.30pm

Venue: Woodhouse College, Woodhouse Lane, London N12 9ER

....Hold the press! Whist Drive announced.... Saturday 8th November... Hold the press! Whist Drive announced.... Saturday 8th November.... Hold the press! Whist Drive announced.... Saturday 8th November.... Hold the press! Whist Drive announced....

NORTH AREA PARYUSHAN - 2014

Oshwal North Area once again celebrated our Paryushan festival very peacefully and all those who benefitted tremendously. The aim, as per last year was to encourage young people to participate. North Area continued with the changes brought in last year to encourage young members and children to enjoy the celebration.

The Samo Aarti and Divo with a fixed nakro worked very well on all 8 days, encouraging all families to participate. This has eliminated the bidding process which is very time consuming. This is also a fairer system where any family can participate if they wished.



Over the weekend, Ajitbhai, Pravinaben and party sang beautiful Jain stavans and provided music for the raas garba on both the days.

To encourage children, we arranged for them to participate in aarti thali decorating. We also held a stavan singing talent night on one of the days and had participation from 3 groups of young children who sang beautifully and some were also accompanied by musical instruments. This was very well received by the audience. We also held a pass the parcel game for the very young ones and they all got turns to read out a short Jain fact. Fun was had by all the children and the children were rewarded with a small gift.

Each day before pratikraman began, one of the rituals involved in the pratikraman was explained such as why we do khamasna, vandna, maupati feravanu and why we use katasnu and charaudo. The younger members who attended the pratikraman said that they very much valued this sharing of information.

On some of the evenings after Pratikraman, the Committee members took turns to read a short story. These included stories of Bau Bali, Raja Kumarpar, Chandanbala and Neminath. The renowned Vinodbhai Kapashi gave a talk and discussion and dharma and how to practise it in modern life. This was very inspirational and thought-provoking and was very well received by the audience.



This year, the tapasvis were as follows:

illis year, the tapasvis were a	is fullows.
Sunitaben Dhirajlal Shah	10 Upvas
Bansiben Kuntesh Shah	9 Upvas
Neelaben Hitesh Shah	8 Upvas
Dineshbhai Lakhamshi Shah	8 Upvas
Paras Dilip Maroo	8 Upvas
Praful Jivraj Shah	8 Upvas
Rashmikant Ratilal Shah	8 Upvas
Ronak Dilip Maroo	8 Upvas

The North Area Committee sincerely apologises if they have hurt anyone - Micchami Dukkhadam.

Bhajee on the (Clacton) Beach!

The North Area Health, Welfare and Social Committee organised an outing to Clacton on Sea on Sunday 27 July 2014. The trip started on a glorious sunny morning, with excited people looking forward to going to the seaside. Everyone was welcomed aboard on the bus by Hemaben, Kasturben and Kunteshbhai, the organisers of the trip. A goody bag filled with snacks and drinks was handed out to everyone. The goodies were donated by some very generous members and we are very grateful of their kindness and generosity.

Once everyone was settled on the coach, Antakshari was played and a melodious journey began to Clacton. The time passed very quickly and we reached our destination around 9.30am and people were free to spend the day as they wished. Some people went straight to the beach to relax and enjoy the sunshine and the lovely views of the gardens near the beach. Others went for a long walk on the pier followed by a picnic on the beach. Some people also went on a shopping spree!

Fun was had by all participating in the various activities on offer or just lazing around on the beach. Sunshine lasted for the whole day but before we knew it sadly it was time to pack up and go back on the coach! On the

way back, we were entertained by Hemaben and Kasturben with a quiz and bingo. These games ensured that the brains were still active! Everyone had a wonderful time and our thanks go to Hemaben, Kasturben and Kunteshbhai and their spouses for the excellent organisation of the trip and ensuring that everyone had a great time.



Sakhi Milap - Holistic Approach to Life through Ayurveda & Yoga - held on the 9th September 2014.

This event was advertised to be led by Dr Ragini, an accomplished Ayurveda practitioner, but due to unavoidable circumstances she had to cancel at the last minute. However Prabhubhai Shah, a renowned Patanjali Yog Peeth teacher, kindly stepped in and took the entire session, which incorporated yoga and healthy lifestyles. Prabhubhai started his journey on the path of Yog (nurturing ones body) in 2005 when he was searching for something that made a



difference to his life. His main principles follow RamDev Yog, and he is a great believer in keeping one's body in-tune to have a healthy and balanced life. Throughout the session he encouraged the audience to participate in light exercises involving pressure points to relieve and vitalise the body's ache's & pains, and stimulate the internal organs for healing. He stressed how one needs to listen to their inner body, and that everybody carries diseases, but diseases only come to surface when the body is under a lot of stress and organs are overworked. His main message was for everyone to have a daily routine of exercise and relaxation combined with a healthy lifestyle.

Prabhubhai covered many topics where Ayurveda and yoga could have a positive impact. These include daily niggling pains in the knees, joints, back etc., which almost all of us can relate to. He spoke about medical conditions such as diabetes, colitis, thyroid, digestive disorders, blood circulation and more. His solutions to these problems include specific exercises and natural remedies like Lassie, ginger, methi, turmeric are just some of the examples which can help provide relief to the pains and illnesses mentioned.

The session finished off with a great relaxation session of rolling shoulders, Anulom Vilom, Bramaree and chanting Om. This was followed by the great experience of 'the lion roar' and laughing yoga. Everyone left the session wiser and truly relaxed. If you would like to get in touch with Prabhubhai, email him at prabhu.shah@gmail.com.

Celebration of India Independence Day at the Social Club

The social club which gathers every Friday at Woodhouse College celebrated India's Independence Day on 15th August by taking a break from playing cards and then singing our national anthem. That was then followed by enjoying some snacks, this was organised by Kasturben Chandaria, and our thanks goes to her for this and to all the people who generously donated towards the event. The event was a great success with over 40 people attending.



Gujarati School Trip to London Zoo Trip - 5th July

The North Area Gujarati School organised committee decided to treat the school kids to an outing to mark a successful year at the school and the school was closed for that day.

A group of 85 which consisted of teachers, parents and children met at Finchley Central Tube station at 9am where the parents and teachers were to escort the kids along their journey. The day started with a bit of a drizzle, but this did not dampen anybody's mood. The parents were keen to join us were well equipped with a packed lunch...- that added to a more lovely chatter on the way, but there was a surprise in store.

The station staff happily escorted us all into and on the train. The driver hooted and off we went. Guess what? We got a whole first carriage to ourselves, looked like the kids got a treat...all got seats and by this time the drizzle gave way to a lovely sunshine- that greeted us at our destination Camden town station.

Unfortunately some teachers could not make it -but we thought of them all along. The group of confused teachers, chirpy kids, chatty parents and capable assistants arrived at the gates. Kunteshbhai took all responsibility to book all of us through the gates. The greeters at the London Zoo were pleased to see us all, but gave up counting after half of us went in and laid out the plan for the day.

The children were overjoyed and excited to see an amazing variety of animals, birds and didn't t miss the feeding time at the Penguin Beach enclosure, with a significantly larger pool complete with underwater viewing areas close to the Penguins like never before. New in 2014, the Tiger Territory is a multi-sensory experience taking visitors deep into the world of these magnificent and majestic creatures, a large group of us went to see a talk on the tigers and their feeding time. With over 12,000 animals to see and incredible animal displays taking place throughout the day (including feeds and keeper talks) there was a lot to keep us occupied.

The Rainforest Life is London's only living rainforest, where visitors can meet a variety of beautiful rainforest species including marmosets, tamarins and sloths. In the all-new 'Night Life' discovered the bats, rats and nocturnal wonders like the Slender Loris, armadillos and Potto the live in these murky conditions.

At 1 pm on Neelamben's convincing chat with the zoo cafe got us all a treat of delicious vegetarian sandwiches and nibbles- and the kids got a treat when she also arranged them to get a goody bag. After lunch we all watched the wild birds and creatures show and had a rain drizzle. And it was 3 pm and now we were all getting a bit tired. This was an educational trip so we are all made sure that the children had observations and description skills that will enhance Gujarati presentation skills. The day finished with a vote of thanks to all by the head teacher and Kunteshbhai.



લંડન પ્રાણી સંગ્રાહ્લયની મુલાકાત

૫મી જુલાઈ ૨૦૧૪ની આ સુંદર સવારે ગુજરાતી શાળાનાં બાળકો તેમ જ તેમનાં કેટલાંક વાલીઓ અને શિક્ષકો આ પર્યટનમાં સામેલ થયા.

નક્કી કરેલાં સમયે સહુ કોઇ ફીંચલી સેન્ટ્રલ ટયુબ સ્ટેશન બધાં લોકો સાથે મળ્યાં.ઝીણો ઝીણો ઝરમર ઝરમર વરસાદ આવતો હતો પણ તેનાંથી કોઈને નિરાશા લાગી નહિ. બધાનો ઉત્સાહ અકબંધ જ હતો.દરેક જણ બપોરનું જમવાનું અને નાસ્તાપાણી સાથે સજ્જ હતા.તેમનાં માટે સંદર્ભમાં એક નવીનતા હતી તે કોઈ જ નહોતું જાણતું.

સ્ટેશનનાં કર્મચારીઅે એક આખી બોગીની વ્યવસ્થા અમારાં માટે કરી આપી હતી. કેમડન ટાઉન સ્ટેશન પર ઉતરતાં જ સુર્યદેવનાં કોમળ કિરણોએ અમારું સ્વાગત કરી ઉત્સાહમાં ઉમેરો કર્યો.

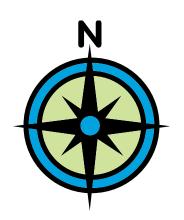
આગળ આગળ કુંતેશભાઈ તેમની પાછળ પાછળ રમતિયાળ બાળકો વાતો કરતાં વાલીઓ ચર્ચા કરતાં શિક્ષકો સાથે અમે સંગ્રહાલયનાં દરવાજે પહોંચ્યાં. ત્યાં દરવાજા પર અમારું સ્વાગત થયું, અમને પ્રાણીધરનો નકશો આપ્યો. કુંતેશભાઇ બીજી વિધી પૂર્ણ કરી અમારી સાથે થયા. બધાની હ્રાજરી ગણત્રી પુરી કરી બે ગ્રુપ બનાવી બધાં લોકો સહેલનો આનંદ લેવા નીકળી પડ્યાં.

બાળકોનાં ઉત્સાહનો પાર ન હતો.ખાસ કરી પેન્ગવીનોને ભોજન કરતાં જોવાની તેમ જ બીજાં પશુપક્ષીઓને પણ નિહાળ્યાં.તેઓની દિનયર્યા જોઈ.ખાસ વાધો જોવાનો આનંદ અનેરો હતો.

રેઇનફોરેસ્ટમાં વસતાં પશુપક્ષીનાં જીવન વિષે ખૂબ જાણકારી મળી..તેમની દિનયર્યા તેમજ નિશાયર્યા વિષે અનેરી વાતો સાંભળી.

અમારાં હીતેશભાઇ અને તેમની મહેનતથી આ પર્યટન ઘણું આનંદજનક પુરવાર થયું. હા હવે વાત છે એક એક અશ્ચર્યની લંચમાં તાજી સેન્ડવીચીસ્, ક્રીસ્પસ અને પાણીની વ્યવસ્થા અને દરેક બાળકને પ્રાણીધરની યાદગીરીની ભેટોની થેલી ભેટમાં આપી.હીતેશભાઈ અને નીલમબેન તરફથી તેમનાં આનંદમાં ઉમેરો થયો. કુંતેશભાઈ અને હીતેશભાઈ અને હીતેશભાઈ અને સર્વેનો આભાર. આમ જ એક યાદગાર દિવસ પુરો થયો.





Upcoming Event

Mahavir -the Modern Messiah

Wednesday 5th, 12th, 19th and 26th at 8.15 –9. 30pm Woodhouse College, N12

Lectures in English discussing how Jainism has evolved over time and its relevance in the modern age.

REGULAR EVENTS

Key Contacts

Chairperson Daksha Maroo

daksha.maroo@gmail.com 07775 514 286

Education

Kuntesh Shah kshah5@sky.com 07952 708 592

Sakhi Milap

Nilam Shah shahnilam@hotmail.co.uk 07941 076 115

Youth Club SahilShah sahil.shah@hotmail.co.uk 07947 984 706

Whist Drive!

Saturday 8th November

Time: 6.45 to 11pm
Venue: Woodhouse College, North
Finchley, N12

Entrance £6.00 members, £7.50 non-members. Includes light refreshments!

Contact Hema 07714 418 081

Ila 07828 951 762, Nilam 07941 076 115,

Kailash 07825 339 317, Bharti 07508 718 267

Social Club

Fridays (Term Time)

Time: 8pm to 10pm Venue: Woodhouse College

Info: A great social night with Bhukar, Chokadi and other activities. Come along and join in the fun.

Entrance £1.

******** Bolly Aerobics

Saturdays (Term Time)

Time: 9.45am to 10.45am Venue: Woodhouse College

Info: Dance your way to fitness! Enjoy the perfect workout . Contact Daksha Maroo

Gujarati School

Saturdays (Term Time)

Time: 9.30am to 12.30pm Venue: Woodhouse College

Info: Let your child learn to speak and enjoy Gujarati, which is taught through music, singing, dancing, acting, storytelling and art! From ages 4 upwards. We also offer Bollywood dancing, Table, Harmonium, Bharat Natyam, Arts and Crafts, and Gujarati for adults.

Youth Club

Fridays (Term Time)

Time: Under 12s 6-7.30pm Over 12s 7.30-10pm Venue: Woodhouse College Info: Come and play football, basketball, bench ball, dodge ball, netball and much more.

Yoga

Fridays (Term Time)

Time: 7pm to 8.30 pm Venue: Woodhouse College Info: Yoga helps in so many ways. Come and join in these classes led by Dr Mehul Shah.

Contact Sejal Shah 07931 778 642



North East Area

Pranam, Jai Jinendra, Hello, Hi!

Hope you are all well and have enjoyed the recent Paryushan and Savantsari festivities.

North East Area celebrated Paryushan in our newly refurbished Oshwal Centre. With the colours of the halls matching the sari colour scheme for each day, the chandeliers beaming with light and the halls packed on a daily and evening basis, this was my favourite year celebrating our most important religious festival.

I would like to thank all the volunteers who helped without hesitation for eight days. I would also like to thank those who helped during the three days of Savantsari preparation - waking up as early as 5am each day and not sleeping until 12 midnight!

You all know who you are. Heartfelt THANKS from the North East Area committee. Without your hard work, the festivities would not have been as successful.

During Paryushan we briefly spoke about the "ek so vis" (120) Scheme. We stated that should we receive 100 new members to the scheme within eight days, we would keep three Welfare Events free and offer free Education to Oshwal members with a 98% or more attendance record. Unfortunately, we did not reach our target and we then extended this until Savantsari. We are now again extending this until 31st December 2014.

The money will be split 50/50 between Welfare and Education. We have already had a great Welfare Daal Rotli event with over 95 people attending and we have been to Woburn Safari Park from Gujarati school. We

would like to do more for our seniors and juniors, but we need your help and support.

Think about your parents, grandparents, uncles and aunts - we can offer them more events and things to-do to "get them out of the house." At the same time, think about your children, grandchildren, nieces and nephews, get them learning our language and having fun at the same time!

Now that Paryushan is over, the next event to get ready for is our DIWALI BAZAAR on Sunday 19th October. If you or anyone you know may be interested in booking a stall space or making a donation please contact any of our committee members.

Don't forget to check out our travel section - parents, please encourage your children to send in a paragraph or two; I am sure they would love to see their story in the next release!

Read on and scan through photos from Paryushan, Welfare Daal Rotli and the Woburn Safari Trip. Do look out for our forthcoming events. We also have delicious Diwali recipes for children; do not hesitate to invite me as taster!

Finally, HAPPY DIWALI from us all and we hope to see you at the Diwali Bazaar and the Diwali celebrations at Oshwal Centre.

Michhammi Dukkadam

Nishma (Nish)

North East Area Chair





Yoga Classes

At Southgate School

Monday and Tuesday 7.00pm - 8.30pm

dilipshah0011@googlemail.com maysuri@yahoo.co.uk

Saturday 10.00am - 11.30am

thepillbox@gmail.com



FRUITY CRUNCHIES for Diwali

Children enjoy making these. (Please make this under the supervision of an adult as melted chocolate is hot)

Ingredients

Equal quantities of: Chopped walnuts, Glace cherries, Chopped hazelnuts, Cornflakes, Flaked almonds, Sultanas, Melted white chocolate, Melted plain chocolate

Method

- Set out some small paper cases ready for the mixture.
- Place all the nuts and fruits in a large bowl and stand it over a pan of hot water. Add the cornflakes and sufficient white chocolate to bind all the ingredients to a dropping consistency.
- Using a teaspoon, pile small amounts of the mixture high in the paper cases, keeping the texture rough. Leave to set.
- Fill up a paper piping bag with melted plain chocolate and with short side to side movement, spin some fine lines of chocolate over the crunchies. Leave to set. Store in an airtight container.



These are handy little squares to keep in the refrigerator for when unexpected guests arrive.

Ingredients

- •275g/9½ oz dark chocolate (can use milk chocolate instead, if preferred)
- ●175g/6 oz butter
- 4 tblsp golden syrup
- ●175g/6 oz plain biscuits, such as Rich Tea
- •25g/1 oz toasted rice cereal
- ●50g/2 oz chopped walnuts or pecan nuts
- •100g/3 ½ oz glace cherries, chopped roughly
- •25g/1 oz white chocolate, to decorate

Method

- Place the chocolate in a large mixing bowl with the butter and syrup and set over a saucepan of gently simmering water until melted.
- Break the biscuits into small pieces and stir into the chocolate mixture along with the rice cereals, nuts and cherries.
- Line a 7 inch square tin with baking paper. Pour the mixture into the tin and level the top, pressing down well with the back of a spoon.
- To decorate, melt the white chocolate and drizzle it over the top of the cake in a random pattern. Leave to set.
- To serve, carefully turn out of the tin and remove the baking paper. Cut into 16 squares and store in an airtight container.

Youth Club

Sunday

Alexandra Park School, Muswell Hill Contact: dipak.shah@rentokill.com

Yoga Classes

Manishbhai - 8:45am - 10:00am

Reteshbhai - 9:00am - 10:30am (Pranayam)



Keep Fit

Tuesday 8.00pm - 9.15pm

Trinity at Bowes Methodist Church

Contact:

madula.savla@btinternet.com



Zumba Classes

Wednesday 7.00pm - 8.00pm

Ruth Winston Centre

Contact:

p4shi@hotmail.co.uk





North East Area Sakhi Mandal is having a Diwali get together Bring a Dish



30th October 2014

VENUE: Upstairs Hall - Trinity at Bowes Methodist Church, Palmerston Road, N22 8RA TIMES: 8:00pm TO 10:00pm

Entrance: Free

For further details contact:

Binduben 020 8367 0392

Madulaben 020 8368 3063

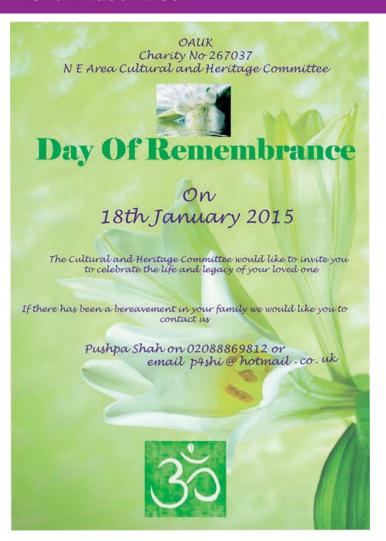
Sushiben Anil 020 8886 0482

Shilaben 020 8807 0606

Management reserves the right to make changes to programmes due to unforeseen circumstances.



North East Area



Coming soon...

Sakhi Mandal present: Mother's Day 2015 - full lunch and music at Oshwal Centre!

We want to hear YOUR stories, YOUR successes and YOUR news!

To submit any articles for the Oshwal magazine or website (North East section) please contact tanvine@hotmail.co.uk



LAS VEGAS

Written by Nishma Shah

"Welcome to Las Vegas," the city that never sleeps. A gruelling eight hour flight and a two hour customs wait and we were finally ready to embark on our cab journey to the Bellagio Hotel, yes, that's right, the one that was in the 'Oceans 11' movie.

A fun fuelled strip with an endless line of hotels, no two hotels are the same. Each one is its own resort filled with shopping centres, theme parks, restaurants and casinos.

Food!

The best place for food and desserts - the Cheesecake Factory at the Caesars Palace Hotel has an infinite menu for both savoury and sweet taste buds. The wait for table is definitely worth it; just remember not to eat anything beforehand as this Factory will be sure to fill your stomach.

Check out the scrumptious buffet at either the Wynn or the Bellagio. The buffet is catered for all. For a small entrance fee, food from all around the world will make your mouth water and leave you wanting more.

The big tipping culture in Las Vegas means you should carry lots of dollar bills. People do get annoyed if you don't tip so it's always better to!

Activities!

Book the Helicopter ride to Grand Canyon and have a small picnic in the heart of the Canyon. One tip though, there are no bathroom facilities, so be sure to love thy nature if you drink a bit too much! The Sun Set tour ensures you will see the sun go down on Vegas on your return flight. Vegas by night is very pretty with twinkling lights in the blackness of the desert.

Walk around, have fun. Las Vegas is a massive outdoor resort. A bubble of fun, everyone is friendly and great to talk to.

Shows!

Dancing fountains at the Bellagio are sure to entertain you day and night. They "dance" every half hour until 11pm and they look great from the top of the Paris Eiffel Tower Hotel located directly opposite the Bellagio.

There are some great shows in every hotel, including family friendly shows like the "O" at the Bellagio.

Leaving Las Vegas was something I did not want to do. As we approached our final hours before boarding the plane, I reminisced about my trip and thought of all the things I will do when I return - ride in a limo, embark on a four hour drive to nearby LA, and experience the rides in the New York New York hotel, bungee jump of the Stratosphere hotel and go to a pool party. 'OHH, WHAT A DREAM.'

ઓશવાળ અસોશીએશન ઓફ ધ યુ.કે નોર્થ ઈસ્ટ એરીયા

પરમ કૃપાળુ પરમાતમા ની અસીમ કૃપાથી અને ગુરૂ ભગવંત ની પ્રેરણાથી પર્યુષણ પર્વ ભવ્ય રીતે ઉજવ્યા. આપણા આમંત્રણ ને માન આપી તપોવનથી પ્રતિભાશાળી વક્તા વિધવાન શ્રી કલ્પેશભાઇ એ સરળ મૃદ મીત ભાષામાં વ્યાખ્યાન તથા કલ્પસ્ત્રનું સુંદર રીતે નિરૂપણ કરી, અનેક ધાર્મિક ઉદાહરણો વાર્તાઓથી. કલ્પસ્ત્રના પ્રવયનો સમજાવ્યા બારસા સ્ત્ર ની સ્લાઇડ શો વખતે ઢાળિયા બધાને ઘણું સમજાવી ગઈ. વીર પ્રભુનું જીવન યરિત્ર, પારસનાથ પ્રભુ, નેમિનાથ પ્રભુ, દાદા આદીનાથ, વગેરેનું વર્ણન ઢાળિયામાં સુંદર રીતે વણી લેધેલ. સૌ ને ઘણું જાણવા નું મળ્યું.

શ્રી સોમિલભાઈ એ મધુર સૂરમાં ભાવ ગર્ભિત સ્તવનોની સરગમમાં સંઘના સર્વે શ્રાવક શ્રાવિકાઓના મન હરી લીધા. મહાવીર જન્મ વાંચન તેમજ ભાવ યાત્રા અને કુમારપાળ મ્હારાજની આરતી વખતે તેમના દિલના ઉમળકાથી ગાયેલા સ્તવનો જે સંગીત પ્રેમની વિશિષ્ટા દર્શાવે છે. આ બેય મહા અનુભવો બે દીવસ મોડા આવ્યા તે હજી અફસોસ થાય છે. ધન્ય છે આવા કલાકારોને અને તપોવન સંસ્થા ને કે જેઓ દર વર્ષે અનેક જગ્યાએ આરાધના કરાવવા મોકલાવે.

શનિવારે પહેલી વખત નવા હૉલ ની શુભેરછા નિમિતે કલ્પસ્ત્ર પુજા રાખેલ. વડીલ શ્રીમતી દેવકુરબેન વેલજીભાઇ ની આગેવાની નીચે મંડળ ના સભ્યોને સુંદર ઢાળો ને સ્તવનો તૈયાર કરી બહુજ સરસ શાંતિમય પૂજા ભણાવેલ. ઈલેષભાઈ તેમજ સત્સંગ મંડળના સર્વે સભ્યો નો આ કાર્ચમાં બહુજ સાથ અને ઉમંગ હતો. સંધ વતી સર્વે કાર્ચકરો ની અનુમોદના કરીએ.

દેરાસર માટે નોર્થ ઈસ્ટ એરિયાએ જીર્ણોદ્ધારની શુભ શરૂઆત આ પૂજામાં આવેલ રકમ થી કરી. ઘણા દાતાઓ તેનું મૃલ્ય જાણી ઉદાર હાથે દાન દીધેલ છે. સૌની અનુમોદના કરીએ.

શનિવારે રાત્રે વિદ્ધવાન મેઠ્ઠલભાઈ સંઘરાજકા પધારેલ. જૈન ધર્મની ભીતર નો ઊન્ડા અભ્યાસી. આગામોની જાણકારી નવી પ્રજાને મળે તેમાટે અમુક આગમો ને ઇંગલીશમાં ભાષાંતર યાલુ કરેલ છે. તેમણે ઇંગલીશમાં પ્રવચન આપેલ. યાલુ જીવનમાં જૈન ધર્મ ને કેવી રીતે અપનાવવો. નાની પ્રજાને વધારે જૈન ધર્મની જાણકારી માટે તેમણે માર્ગદર્શન બતાવેલ છે. સંઘ વતી તેમનો આભાર માનીએ,

જૈન ધર્મ ના મહાન પર્વ માં મહાવીર જન્મ વાંચન નો મહિમા અપાર છે. આ કાર્યક્રમ અતિ ઉલ્લાસથી ઉજવાયો. ઉદાર દીલે ભાવિકોએ સ્વપના તેમજ પારણાની બોલી નો ઉદાર દીલે લાભ લીધો. આ મહોત્સવમાં આખો સંધ આનંદ ના હિલોળે યડ્યો હતો. આ દિવસે સધાર્મિક ભક્તિ નો લાભ ૪૩ વ્યક્તિઓ એ લિધેલ. સમય સ્યકતા વાપરી તેઓએ પુષ્યનું ભાતું બાંધિયું. ધન્યવાદ સૌને.

શત્રુંજયની ભાવયાત્રા માં આખો સંધ જાણે પાલિતાણા દાદાને ભેટવા પહોચ્ચી ગયો છે તેવો મહોલ હતો. શેંત્રુજા ગિરિ નમો નમો ના સૂર હજી કાનમાં ગુંજે છે.

કુમારપાળ મહારાજા બનવાનું ભાગ્ય અમર રમણીકલાલ તેજપાળને મળેલ. આવેલ નવા વસ્ત્ર માં સાથે પ્રધાનમંત્રી, ખજાનયી બે સૈનિકો અને આખા પરિવાર ની સોભા વરધોડામાં અતિ સુંદર હતી. ધન્યવાદ આ પરિવારને.



North West Area

Chairperson's Message



It is together that we are building our community. It is together that we have shared and rejoiced our

achievements so far. The road ahead is tough and challenging, but our history has taught us that when the community calls for help, our members step up to that calling.

We have strengthened our foundation, we have started the building blocks for a caring and supporting community. Now it is time we focus on ensuring that the platform to deliver the next phase of our community service is ready.

Life is a series of baby steps along the way, and when you add up these tiny little steps, the goal you set out seems very achievable. But to take these first steps you will need support. Hence our goals are achieved, not just by our will and effort, but also with the hand of support from all who have carried us along the way.

This Diwali, while we rejoice in the festival of light, let us remember all who have helped us along our journey and to reach out to them and express our gratitude for achieving what we have today.

Wishing all of you a very Happy Diwali and a Happy New Year – NW Area Committee.

Nirmal Chandrakant Shah Chairperson OAUK – North West Area



OAUK NORTH WEST PRESENTS

Bhakti Sandhya

@ Oshwal EKTA Centre, 366A Stag Lane, Kingsbury, NW9 9AA

Dates: Wed 24th September, Wed 29th October, Wed 26th November

Time: 8:15 PM to 9.45 PM (doors open : 8:00 PM)

(Open to all)

Aimed at people of all ages.

Come and immerse yourself in Bhakti through devotional songs (stavans) performed by talented young singers and musicians

FOR FURTHER DETAILS CONTACT: MAHESH LILADHAR SHAH 07711 439543

The first Bhakti evening held at EKTA on 25th June 14 was a great success with a great turnout on the evening. The devotional bhakti songs with music was enjoyed by all and excellent feedback have been received from a lot of people.

Regular Bhakti sessions will be held at Oshwal EKTA Centre one Wednesday a month.

Paryushan 4 Kids 2014



Pictures speak a 1000 words!!















Paryushan 2014 – 22nd August – 29th August



Paryushan is the most important festival in the Jain Religion and the spirit of the religious celebrations was evident with volunteers wholeheartedly setting up the hall and decorating the Derasar on the festival's eve on Thursday 21st Aug. This year's Paryushan were celebrated by the North West Area Oshwal community with great pomp and splendour at Harrow Leisure Centre. The celebrations went extremely well with lots of positive feedback from the members.

We were privileged to once again have two learned scholars from Tapovan i.e Vipulbhai from Mumbai (Stock broker), Niharbhai (Chartered Accountant) to share their wisdom and knowledge enabling us to move closer towards the righteous path . The discourses were delivered by Vipulbhai & Niharbhai with over 250+ people attending in morning and 500+ evening attending pratikaman. Vipulbhai who explained Kalpa Sutra Pravachan in a very easy and simple language while Nihar enlightened us with simple ways to grasp the fundamentals and also conducted Pratikaman very smoothly and fluently throughout the 8 days.

Religious team managed successfully the morning



Aug 14 children also took active part in Aarti and M Divo using LED lights .

The atmosphere was full of the melodies with everyone being entertained in the evenings with Bhakti and raas garba by Amit Kansara and his group.

Snatra Mahotsav was also celebrated on sun **24th Aug 14** with great pomp and we ensured that the children were part of the the celebrations.

On **Tuesday 26th Aug 14**the procession for 14 Swapnas took place with a both young and old partaking in the celebration.



Pakshal/Pooja/Arti/Divo with 150+ people doing the pooja over the 8 days .

This year the emphasis was on the younger members of the community. Children were engcouraged to take part in Snatra Mahostav including the deciption of the 14 auspicious dreams, On Tuesday 26^{th} Aug and Friday 29^{th} Aug 14 children also took active part in Aarti and Mangal Divo using LED lights .



North West Area



This included Dai baa who just celebrated her 99th birthday ealrier this year in February.

This was followed by "Shrifal Padhravanu" & "Parna Julavano" laabh was taken by Jethiben Vrajpal Parivar - haste Anilaben.

On Thursday 28th Aug Tapasiya Bahuman was done and it was great to see a lot of younger people carrying out the fast. Fasting of any sort for these 8 days can be very challenging and it has been an honour for us to have tapasvis who have done 'Athai'. Our thoughts are with all our 33 tapasvis and all other tapasvis in our Association and worldwide and hope they are all in good "SATA".

Our special congratulations as well to all the children who did Ekasnas, Biasnas and also fasted. We should all

feel proud of the determination and the self – control that was exercised by all these children.

Tapasvi Shravak & Shravika				
Name	No. of Upvas	Name	No. of Upvas	
Ratilal Narshi Shah	9	Bindu Sundip Shah	8	
Niren Ratilal Shah	8	Ramilaben Ratilal Shah	8	
Hinal Nitish Shah	8	Dipika Niren Shah	8	
Rusabh Nitish shah	8	Pritiben Paresh Shah	8	
Hitesh Kapurchand Shah	8	Manjulaben Panachand Shah	8	
Sandeep Amratlal Shah	8	Suryaben Jayantilal Shah	8	
Rajesh Amratlal Shah	10	Nishita Dipen Shah	8	
Bipin Juthalal Virpar Shah	8	Sweta Sayam Shah	8	
Rameshchand Nathoo Shah	8	Mayuri Harish Shah	8	
Srujan Laxmichand Shah	8	Purnaben Dhanji Shah	8	
Rajan Chandulal Shah	8	Bhanuben Ramesh Shah	8	
Bhavin Shantilal Shah	8	Jayaben Virchand Haria	8	
Sameer Jethalal Shah	8	Savitaben Jayantilal Shah	8	
Meenal Kantilal Shah	7	Dimple Priyesh Shah	8	
Deyang Yogesh Shah	7	Madhu Nemchand Gudka	7	
		Jigna Dipesh Shah	8	
		Pallvi Neil Shah	8	
		Manjulaben Meghji Shah	8	
		Nirali Shah	2 & 3	



On Friday 29th Aug Kumarpal Maharaj Vargodo with the 108 Diva Aarti was on the final evening of paryusan and the great turnout made the atmosphere a great finale. The procession was led by full garba and dandia to the derasar.

All our members enjoyed the celebrations for the eight auspicious days with very positive support from our members in bidding for Aarti, Mangal Devo and Swapnas and for the generous donations for the Swamivatsalya Bhojan, Hall Rental and General Donations.

As always Pratikraman Sutras for the last days were sponsored by the members with bidding completed

very promptly with great support from the members and this is very much appreciated. Our talented musicians and singers entertained the members after Pratikraman, Aarti and Mangal Deevo. It was a great pleasure to see members' participation and enjoying themselves. We would like to take this opportunity of thanking all our fantastic volunteers and all members for their tremendous participation in making Paryushan Mahaparva a very successful event. Ourspecial thanks to all the volunteers for their continued assistance throughout the entire period. We hope everyone enjoyed celebrating the Parva Paryushana by fasting and feasting on the pravachans, readings, bhakti, pratrikramana.

Daily Pakshal & 1st PoojaAarti-Divo (Morning)

Date	UCHHVANI	Name
22-Aug-14	Prabhu Padravanu, Pakshal & 1st Pooja	Navinbhai Kamani
23-Aug-14	Pakshal & 1st Pooja	Sushilaben Laxman Shah
24-Aug-14	Pakshal & 1st Pooja	Amratben Meghji Shah / Gangaben Hirji Shah
25-Aug-14	Pakshal & 1st Pooja	Sushilaben Chandrakant Shah
26-Aug-14	Pakshal & 1st Pooja	Sushilaben Laxman
27-Aug-14	Pakshal & 1st Pooja	Rameshbhai Nathoo Shah
28-Aug-14	Pakshal & 1st Pooja	Vilasben Ashwin Shah
29-Aug-14	Pakshal & 1st Pooja	Anjanaben & Satish Mulji Shah

Daily Aarti-Divo (Morning's and Evenings)

(g.iiiig s	(Morning's and Evenings)				
Date	UCHHVANI	Mornings -	Evenings -		
		Name	Name		
22-Aug-14	Aarti	Navinbhai Kamani	Pravin & Suresh Hirji Nathoo		
	Mangal Divo	Meenaben Narendra Shah	Chandanben Ishwarbhai		
23-Aug-14	Aarti	Minesh Venichand Shah & family	NW Area Committee		
	Mangal Divo	Navinbhai Kamani	Gosar Hirji Parivar		
24-Aug-14	Aarti	Viyan Mital Shah	Jayaben Meghji, Bharat Meghji & Sanjay Meghji Shah		
	Mangal Divo	Viyan Mital Shah	Jayaben Meghji, Bharat Meghji & Sanjay Meghji Shah		
25-Aug-14	Aarti	Nirmal Chandrakant Shah & family	Nathalal Mulchand Ranmal Parivar		
	Mangal Divo	Nirmal Chandrakant Shah & family	Harshida Vinod Shah/ Motiben Lakhamshi Shah		
26-Aug-14	Aarti	Amratben Meghji & Gangaben Hirji Shah	Mahendra Hemraj Kachra Shah		
	Mangal Divo	Devkurben Premchand Shah & Pushpaben Panachand Shah	Navin Ranmal Devraj Harania		
27-Aug-14	Aarti	Dakshaben Bharat Shah	Muktaben Nemchand Parivar		
	Mangal Divo	Rameshbhai Nathoo Shah	Muktaben Nemchand Parivar		
28-Aug-14	Aarti	Vilasben Ashwin Shah	Pushpaben Jayantilal Galaiya Parivar		
	Mangal Divo	Vilasben Ashwin Shah	Hitesh Kapurchand Hirji Lalji Gudka Parivar		
29-Aug-14	Aarti	Jyotikaben Vipul Shah - Haste Shantaben Keshavlal Shah & Family	Premchand Rupshi Shah Parivar & Keshavji Rupshi Shah Parivar (Nitin)		
	Mangal Divo	Jyotikaben Vipul Shah - Haste Shantaben Keshavlal Shah & Family	Zaverben Raichand Pethraj Parivar		

14 Swapna Poojan - Tue 26th Aug 14

Swapna	Name
Gajvar (Elephant)	Dhyaana & Punit Jayendra Haria
Rushabh (Bull)	Maniben Govindji Mepa
Keshri Sinh (Lion)	Viyan Mital Shah
Laxmi (Wealth)	Manoramaben Anilbhai Shah
Pushp ni Mala (Garland)	Savitaben Keshavji Shah
Chandra (Moon)	Anjani Nirmal Shah & Rajvi Milan Shah
Surya (Sun)	Anju Kaushik & Harshida Vinod & Lina Bakul & Champu Pravin & Kailash Mukesh
Dhaja (Flag)	Indiraben Ramesh Shah, Payal & Prinka
Kumbh (A Jar)	Jayantilal Jivraj Shah
Padma sarovar (Serene lake)	Ratanben Maganlal Shah
Shir sagar (Sea of milk)	Lalitaben Harakchand Shah
Dev Viman (Aeroplane)	Srujan Laxmichand Shah

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Ratna no dhaglo (Jewels)	Jayaben Meghji Shah	
Agnisikha (Flames without smoke)	Maniben Premchand Shah ,Nirmalaben Harakchand Haria & Nilam Mahesh Shah	

Boli	Name
Prabhu Padhravanu & Zulavanu - 26th Aug 14	Jethiben Vrajpal Shah - Haste Anilaben Keshavlal Shah
Ghare lai javanu - 26th Aug 14	NW Committee - EKTA
Ponkhvanu - 27th Aug 14	Hemuben Venibhai Ranmal Harania
Kalpa Sutra Voravanu - 25th Aug 14	Jayantibhai Meghji Tejshi Shah
Barsa Sutra Darsan - 29th Aug 14	

Sutra	Name		
PRATIKRAMAN BHANAWANU	Meenaben Naren Shah		
SAMAYIK LEVAANU SUTRA	Binduben Sundip Shah		
CHAITYAVANDAN SUTRA	Shantilalbhai Ranmal Shah		
THOI	Surbhiben Ashok Gudka		
SAAT LAKH SUTRA	Sarojben Dipendra Shah		
VANDITU PHELU SUTRA	Mukulbhai Ajit Shah		
ATICHAAR SUTRA	Champaben Mansukhlal Shah		
VANDITU BIJU SUTRA	Manjuben Amritlal Shah		
VANDITU TRIJU SUTRA	Vijyaben Ratilal		
AJIT SHANTI STAVAN SUTRA	Hansaben Himatlal Mulchand (Late Chetan)		
SAZAAI SANSAR DAVANI SUTRA	Maniben Govindji Shah		
MOTI SHANTI SUTRA	Shantaben Punja Shah		
SHANTIKARAM SUTRA	Ranjanben Rajnikant Shah		
SAMAYIK PARVANU SUTRA	Kasturben Virchand Vrajpal - Haste Sushilaben Jayantilal Shah		

Prabhavna	Name
22-Aug-14	Jethiben Vrajpalbhai Shah haste Anilaben Keshubhai Shah
23-Aug-14	Hemlataben Venibhai Ranmalbhai Shah & family
24th Aug 14 - Morning	OAUK NW Area
24-Aug-14	Amratben Meghji Karman Shah
25-Aug-14	Pankajbhai c/o LubbockFine
25-Aug-14	Vijyaben Nathalal Mulchand Ranmal of Kisumu- Haste Pankajbhai & Bipinbhai Parivar
26-Aug-14	Sarlaben Ajitbhai Hirji Murag Parivar / Minaben Manubhai Jivraj Mepa Parivar
27-Aug-14	Muktaben Nemchand Manek Parivar
27-Aug-14	Dhirajlalbhai Mulchand Shah Parivar
28th Aug 14 - Morning	Sushilaben Shantialal Gudka
28-Aug-14	In Memory of Daiben Somchand Kachra Shah - Haste Bhanuben Ramesh Somchand Shah
29-Aug-14	OAUK NW Area

Savantsari Bhojan 7th September 2014

So with Paryushan over we had a week to rest and recover, yeah right, chance will be a fine thing.

Ingredients ordered – Check; Plates Ordered – Check; Vegetables ordered – Check; Sunny weather ordered – check (I can say that only with hindsight!)

Catering for a family dinner for the immediate family is fine. Catering for a family function is stressful. Catering for the Community...... is just something out of this world.





Preparations started on Friday with ghee for the laddoos being made at EKTA center. Saturday preparation started as early as 7:00 am, off-loading groceries and vegetables, washing and cleaning all the utensils and all the huge quantities of lentils , pulses and rice. Volunteers ranged from 5 years to 86 years and numbered almost 200.



marquee and the barriers in the ramp area.

Mixing in the ladoo dry mix of the gram flour and Semolina was great fun ask my 6 year old daughter Kria. Once mixed we had an army to kneed the dough, make small pieces (pindias) and a second army of volunteers started frying. Once fried the Pindias were sent to our battalion of pounders, armed with big mallets they pounded the pindias into a course flour. We had a group of people making the rest of the ingredients to make the final mix. The fun is getting stuck in when mixing the ladoo with the ghee and the sugar syrup, it is a lot of

hard work but again we have years of expertise which just make it look so easy.

While the kitchen team was preparing for Ladoos there was a separate team preparing the lunch for all the volunteers. This year we decided to change the menu NO Kitchdi.. I know I know change is a good thing.

disaster, but they say There was a team setting up the chairs in the

If Saturday sounds mad, than Sunday is worse. If it weren't for a dedicated team of volunteers to pull off Sunday would not have been possible



was just perfect a bright sunny day what a turnaround to the last two years when it had just poured. We expected a good turn out this year but never did we expect 4000+ people to come to the North West Area Savantsari. Everyone was fed they got a chance to meet many friends and relatives whom they probably had not seen in a while. All the hard work that the entire team had put in was worth every effort.

between 15 Committee members. As we started with food prep our first hurdle came galloping at us, the lights went off, Yes folks we had a power cut. Thankfully it only lasted about 20 minutes but I could feel the panic setting in. As soon as the power was back on everyone simply got on with their jobs. Volunteers kept coming in and they all got jobs to perform. Slowly everything came into place, and it was time to serve food.

Outside we formed a queue which went half way up the road that you would drive in from the gate. The weather



North West Area

It is never easy to organize an event of such a scale if we did not have an army of volunteers. Without these volunteers almost nothing would function as well as it did on Sunday. All the volunteers take time away from their families and spend the two days working their socks off to ensure we have a successful event. We would like to thank all those who attended for their patience, support and kind words of encouragement.

Unfortunately, we had one incident where car park volunteers were verbally abused when they were simply doing an admirable job in dealing with the 4000+ people that attended. I am sure that our members will agree that this type of behavior is not acceptable under any circumstances.





None the less the volunteers still got on with their jobs and managed to close the day with a big smile on their face simply because they came to help for no other reason other than to give something back to their community.

The NW Area committee would like to thank all our volunteers who helped over the Paryushan and Savantsari period

If we have over the course said anything caused you any upset or hurt, we would like to say Michami Dukhdam,

Savantsari Bhojan Sponsors				
MAIN SPONSOR				
JASODABEN RAICHAND HANSRAJ				
	Sponsors £101 +			
Amratben Meghji Karman	Gangaben Hirji Chedda	Jayantilal R Patani		
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Anila Kantilal Shah	Hansaben Laxmichand Shah	Kailash Shah		
Anilkumar Premchand Malde	Hasmita Pravin Malde	Kanchanben Amritlal Shah		
Anjana Satish Shah	Depar Devshi Shah Parivar	Kanchanben Chimanlal Parivar		
Ashwin Lakhamshi Malde	Hemkurben Nemchand Devshi Gudka	Kankuben Hemraj Jeshang Parivar		
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Dilip Shah	Jayantilal Nathalal Kachra	Lalitaben Mansukhlal Dhanji Gudka		
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Mulchand Vaghji Parivar	Ratilal Hirji Parivar	Arun Harakhchand D Shah Parivar		
Mulji Meghji Gudka Privar haste Prabhulal	Rumit Dayalji Shah	Veera Mitesh Shah		
Nalini Jenu Dodhia	Rumit Devchand Shah	Vijyaben Gudka Parivar		
Nanji Govindji Shah	S Malde	Vijyaben Meghji Kachra Parivar		
Narshi Punja Malde Parivar	Saanya Nirmal Shah	Vijyaben Zaverchand Gudka		
Nilam Mahesh Liladhar Shah	Santokben Lakhamshi Family (Jatin)	Zaverchand Malde Parivar		

EKTA Centre Celebrates 2nd Birthday – 31st August 2014

The 2nd annivarsay of the acquisition of Oshwal EKTA Centre co-incided with the annual post paryushan Bhakti held at Oshwal EKTA Centre. With music by Amit Kansara and band accompanied by our guests from Tapovan, the atmosphere was serene, peaceful and yet electric as the audience in the packed hall were kept entertained until 11.00 pm. The true test was that not a single member of audience felt like leaving until the function ended despite the fact that the following day was a working day!

"JINA WORSHIP" DVD's

If you have still not collected this? Please bring your voucher to the EKTA Centre or contact your local committee.



31st Oshwal Sports Day 2014

BASKETBALL - BENCHBALL - CHOKRI - CIRCUIT TRAINING - DARTS

DODGEBALL - FOOTBALL - KHO - NETBALL - SWIMMING -VOLLEYBALL

DATES	TIME	VENUE
Saturday 6th Dec 2014	All Day	Harrow Leisure Centre,
Sunday 7th Dec 2014	All Day	Christchurch Ave, Harrow,
Sunday 14th Dec 2014	All Day	Middlesex, HA3 5BD

Dinner & Presentation will take place at Oshwal Centre Coopers Lane Road, Northaw, Hertfordshire, EN6 4DG on Sunday 14th December 2014 7pm onwards

To sponsor any trophies please contact Kunjal Haria at kunjalharia@hotmail.com

For further information on how to enterplease contact your local area youth club or youth representative:

Area	Name	Mobile	Area	Name	Mobile
East	Contact any comm	ittee member	South	Kelly Chandaria	07545 584 446
North	Khilna Shah Vinit Shah	07989 971 712 07713 577 403	West	Sarith Gada	07787 563 396
Northampton	Contact any comm	ittee member	Luton	Keval Shah	07837 181 332
North East	Darshan Nagaria	07772 660 035	Leicester	Neeta Shah	07876 267 253
North West	Prabhulal Shah	07588 685 329	General Queries	Anjali Gudhka	07944 622 638 (Evenings)

www.oshwal.co.uk/sports

REACTIVE8 PRESENTATION

thoughtful personality shine, a true team player. He is truly an all-rounder who participates with enthusiasm every session. He is willing to listen Best Boy 4 - 5 years old - Ariyan Sanjeev shah and focus on bettering himself and he lets his





























them than I was with her. I see some methods that I have used unning. I look at her now and see her coaching style with the and circuit training. The winner of the overall sports girl of the stars. She has always tried her best in football and basketball have personally coached her since around the age of 8. She in the past of getting the best out of others in her. I have no doubt that she will make a brilliant coach for the next little Inder 7 age group and even though she is a lot nicer with has always tried her hardest even when she doesn't like Overall Best Girl - Aashri Aashit Shah rear is Aashni. (By Neel Shah)



However she excels in shooting and has

taken to the sport like a fish to water. only been playing for under a year.

The best girl in basketball this year has

Basketball MVP - Bhavini Milan Shah

old - Prisha Milan Shah

Best Girl 6 - 7 years

Prisha has always been puts her best effort in

a good listener who

all activities. She has displayed very good

behaviour, always smiling, with an nprove.

plays confidently, and is well on her way new dimension to her game. The winner

to mastering layups, which will add a

is Bhavini. (By Shil Shah)

eagerness to learn and

She always takes new advice on board,

wants to play in, whether it is in goal or out in defence. Her never give up attitude makes her into a true leader for her fearless. She is very eager to excel in whatever position she f we could describe this person in one word we would use that she plays. She is never afraid of being hurt by a ball or team which helps not only in football but any other sport from an opponent. She is always well behaved and her attitude is always positive. (By Neel Shah)



with the ball. He inspires other players around him and having watched him play, I have been amazed with some of the shots on goal that he has tried and skill that he has in reading the game. He is always well behaved and takes

by any of the challenging skills, demonstrated by her continual efforts. This has helped her to better

herself in sport.

Aashi pays full attention and is certainly not fazed

Best Girl 4 - 5 years old - Aashi Hanish Malde

This particular boy has really excelled this year. He has improved with his skill, shooting, passing and running

Football Best Boy - Kushal Mahesh Shah

on any responsibility that has been asked from him. He

truly has stood out for me. (By Neel Shah)

men's squad. He has shown that he can dictate the play and drive to the The best boy was difficult to choose by hounding his opposition. It is due he has recently made the transition maintaining strong defensive skills improved exceptionally. However, from the younger group into the to this hustle that I am proud to award Harshiv as best baller this since the level of basketball has basket with confidence, whilst



He has become the most familiar face in the sporting activities this our sports club to the next level while inspiring younger members. He has an outstanding contribution to sport with positive thinking year and is recognised by the majority of members. He has taken last but not least he is our younger member of the sub-committee team within North West Reactive8. We are very proud to award nonstrate leadership skills, has respect for all volunteers and Shil as best boy of the year. (By Chan) Overall Best Boy - Shil Shah

and never complains. He will play any position to

benefit the team to the

best of his ability. He

a good team player and a always gives 100%. He is ole model to the others.

improved throughout the

This under 12's boy has year. He never gives up

Priyesh Shah

U12's Best Boy - Nikhil





Oshwal Association of the UK North West Area

Bentley Wood High School for Girls, Bridges Road, Stanmore, Middlesex HA7 3NA Term Time - 11:15 AM to 12:00 Noon & 12:00 noon to 12:45 PM Advanced Public Speaking Class Basic Public Speaking Class Art of persuasion Delivering your talk Ability to sell effectively How to handle your nerves Finding your voice Learning to listen Building your visual aids
• Feel confident Arguing positively **Building closing arguments** Hold your audience Debate Session Handling Questions

11 Sessions

Starting 27th September 2014 – 10th January 2015 & 18th April 2015

Starting age 8 Years+ Advanced Class - 11 Years+

To register your place, please e-mail <u>nwacas@oauk-nw.org</u>

Oshwal Association of the UK is a Registered Charity — Charity Reg No 267037. All communications to: Public Speaking Classes, Oshwal Ekta Centre, 366A Stag Lane, Kingsbury, London NW9 9AA



OSHWAL ASSOCIATION OF THE UK - NORTH WEST AREA **GUJARATI GCSE EXAM SUCCESS**



CONGRATULATIONS







Madhvi Shah



The North West Area committee congratulates the above candidates on the achievements and also thanks the parents and teacher for their continuing support to the school and its studer

For further information on Funskool, North West Academy Cultural & Arts School, Communicate and Public Speaking classes, please contact us on



Calling all Scrabble enthusiasts

The Scrabble Club is looking for enthusiastic Scrabble players of all abilities (and ages?) to join us. We meet 2nd Saturday evening of the month at Ekta Centre. Come and enjoy a lovely dinner and meet new people who share an interest in playing this historically favourite board game. Having participated in this Club for a few months and really enjoyed it, we have discovered that we needed to share this well-kept secret with our fellow Oshwals. Both members and non-members are welcome.

Many people are under the impression that a game of Scrabble, like Monopoly, takes hours to play. However, we play an hour per game (like the National League), therefore, we are usually able to play two to three games in one evening. We try to ensure that players' abilities are matched by gauging their experience. This way, we are able to play competitively and still enjoy it because there is no pressure to win!

You could be the type of player to produce seven letter words that earn a 50 point bonus or a tactical king / queen who cleverly places their high-scoring tiles on triple letter or triple word squares with two and three letter words. Either way, you are sure to find someone to give you a good game and you will no doubt learn a new word or two as well as pick up some clever strategies. We've enjoyed not only learning the words themselves, but have been able to learn what they mean too. For example, did you know that 'mzee' and 'jembe' are both acceptable Scrabble words? Do you know what they mean? (More questions and answers at the bottom.)

Aside from improving both your vocabulary and mental maths, this might be the chance to improve your game so that you can finally beat that one family member you played with as a child who you could never win against! In the very least, it is a chance to give the brain a good workout and this has very positive benefits of reducing the possibilities of dementia, depression, confusion and forgetfulness.

Of course, playing Scrabble has links to Jainism. Not only does it enhance your knowledge of new words/definitions and strategies, you also learn about others, patience, tolerance and self-control (both to keep the competitive streaks in check as well as any Scrabble addictions!).

Therefore, why not take this opportunity to join us for enjoyable evening of social Scrabbling with a friend at The Oshwal Scrabble Club @ Oshwal EKTA Centre.

You can find more information online → http://www.oshwal.co.uk/articles/nw-regular-activities

	Mzee - old person	Jembe – hoe		Qi – vital energy
		Xu – Vietnamese currency unit		
	Lungi – long piece of cotton cloth worn as a loincloth, sash, or turban by Indian men or as a skirt		Zo – Tibetan breed of cattle, developed by crossing the yak	
			with the common cattle.	

Make as many 5, 6 and 7 letter words as you can from: ERSNTOM (from an Oshwal Scrabbler)

Top 7 benefits of Garba

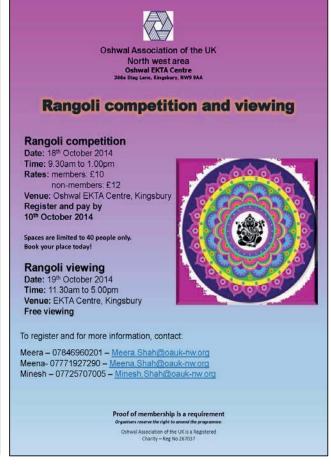
With Navratri just around the corner, we gave Oshwal's a chance to learn the latest Garba and Dandiya styles. These sessions were a huge success and feedback from those who attended was that they have more confidence to pay these new styles at the upcoming celebrations.



Here are seven reasons why you should learn how to play Garba:

- 1. It keeps you fit and energetic as it's a form of aerobic exercise.
- 2. It tones you due to all the stretching and twisting of the upper body as well hand and foot movement.
- 3. It acts as a stress reliever since you enjoy the music while dancing. According to a research that was conducted by *The Hindu*, an Indian paper, Garba makes people happy thus is a psychological benefit to the overall well-being.4. It improves your posture as it strengthens your core and back muscles.
- 5. It increases your blood circulation due to the constant movement of your body.
- 6. You learn how to concentrate and co-ordinate your hands, feet and eyes according to the rhythm of the music.
- 7. Last but not least, it gives you chance to spend time with your family and friends plus make new friends!







DATES AT A GLANCE

October 2014

11th Bhukhar

12th Oshwal Racquet Games

15th Street Support Network

18th Rangoli Competition

18th Whist Drive / Scrabble

19th Diwali Special (Diwali Hungama)

19th Rangoli viewing

29th Bhakti @ EKTA

November 2014

8th EMM

8th Whist Drive / Scrabble

15th Bhukhar

19th Women's Welfare Networking

22nd Holywood vs Bollywood -

DinnerNDance

26th Bhakti @ EKTA

December 2014

6th Oshwal Sports Day

13th EMM

13th Whilst Drive / Scrabble

17th Street Support Network

Essential Contact Details

Oshwal EKTA Centre:

020 8206 1141

ekta@oauk-nw.org

Funskool & NWACAS:

Milan: 07968 817 043 funskool@oauk-nw.org

ReActive8

Reactive8@oauk-nw.org

Street Support Network

Nirmal: 07962 177 326 Chetan: 07949 45 9090

ssn@oauk-nw.org

Oshwal Business & Professional Network

Nirmal: 07962 177 326 Chetan: 07949 45 9090 obpn@oauk-nw.org

Women's Welfare

Meena: 07771 927 290 Meena.shah@oauk-nw.org Hina: 07732 440 721 Hina.gudka@oauk-nw.org

eCommunications

Khilit

khilit.shah@oauk-nw.org



Oshwal EKTA Mandals

Every Monday and Friday

10:30am - 3:30pm

Please bring packed lunch with you and enjoy with your friends and relatives

£2.00 per session (OAUK Members Only)





Whist Drive

@Oshwal Ekta Centre

(April onwards) £6.00 members

£8.50 for non members

Dilharbhai - 07870 846 729

Premharbhai - 020 8723 8368

Sailesbhai - 07745 871 623

Vinaben - 020 8866 7223



Scrabble Club

@Oshwal Ekta Centre

£6.00 - Members

£8.50 - Non Members

Mina Haria - 07904 728870



Women's Welfare **Networking Events**

17-Sept-2014

Mthai Demo

19-Nov-2014

Candle / Candle holder making

7-Mar-2015

OAUK Soiree celebrating International Women's Day

For more information regarding

these events, email:

hina.gudka@oauk-nw.org meena.shah@oauk-nw.org



Bhukhar

@ All Saints Church Hall Queensbury; HA8 5PQ

Yearly subscription

£35.00 for members

£50.00 for non-members

Pay As you go

£5.00 members

£8.00 for non-members

Contact Details

Sailes Shah - 07745 871 623

Mahendra Chandaria -

07714 712713

Amu Shah - 07816 368 157

Satish Shah - 07506 550 448

VISITING OSHWAL EKTA CENTRE

Travelling by Car:

We would like to thank all members and patrons for showing consideration when parking in or around Oshwal EKTA Centre. Please follow the following rules to avoid traffic build up on Stag Lane, and to avoid the function you are attending from being disrupted: -

- (1) Do not park on both sides of Stag Lane. This will allow smooth traffic flow, especially for buses.
- (2) Do not park infront of Oshwal EKTA Centre (where no parking cones will be placed)
- (3) When approaching Oshwal EKTA Centre from Queensbury / Princes Avenue, do not turn right into Oshwal EKTA Centre please drive approximately 100 yards and turn back at the round about (junction of Stag Lane, Hay Lane and Roe Green) Please see red arrows.
- (4) The **blue** markings on the map show where you can park in the vicinity. Please park sensibly and do not block driveways and roads. Please remember that normal traffic rules apply.
- (5) In Oshwal EKTA Centre do not block the ramp. This is reserved for disabled drop-off's / pick-ups O.
- (6) Please respect the volunteers who are assisting in the car park.
- (7) Saadri's The car park generally gets very full during peak times (8 9pm) and advice you to stagger your times.
- (8) Cars may get blocked / double parked within the car park during busier times. If you are in a rush to head early and not wishing to be blocked, suggest you use the map below to identify suitable car spaces.





Oshwal Adventurer: Vijay Shah

Article by, Hasmita Shah

Vijay - the name means victorious and my nephew, Vijay, certainly lives up to his name. An aeronautical engineer by profession, Vijay's passion lies in exploring nature in remote, isolated and extreme environments. A mountain guide, rescue diver and a trained expedition leader, Vijay has led a number of expeditions including expeditions to the Peruvian Andes in 2006 and to the Canadian Arctic (Baffin Island) in 2010, where they trekked over 300km over a month in temperatures of -15C, to increase awareness of climate change and gather documentary evidence of such changes.

The pinnacle of his achievements must surely be his 2011 expedition to the Baffin Island, where as a team of 3 experienced expedition leaders, they became the first British team to ski unassisted across the Penny Ice cap. The journey took them 18 days, in far more freezing conditions of a continual minus 30 centigrade. The effects of climate change were evident to the team first hand as in places, they had to ski over extremely thin ice, with the result that one of the team fell into the freezing waters and had to be rescued carefully but quickly to avoid disturbing the surrounding ice but also make sure no hypothermia resulted. Luckily it all worked out and they all survived to tell the tale of this rescue as well another adventure on this trip where they united a baby polar bear with its mother.

Throughout all of this, Vijay has remained vegetarian, a testament to his strong character and belief- not an easy task in such extreme environments where the body needs adequate calories, protein and carbohydrates.

Vijay's recent adventures have taken him to Southern Africa and India. In 2013, he went to the Kumbh Mela-not only the largest human gathering in the world, but in 2013, even more auspicious as it was the Maha Kumbh Mela, which only takes place every 144 years! The experience was an eye opener in many ways. To date most of Vijay's expeditions had taken him to remote, uninhabitable places, often without any human interaction for weeks. Here, it was difficult to move without bumping into someone, such was the mass of human gathering. And yet there was the stillness in the crowds, there was silence amidst the constant noise, there was order amongst the chaos. It was truly humbling to see such devotion, utter and complete faith that you are prepared to bathe in extremely polluted waters. Embracing the spirituality around him, Vijay also took the plunge literally and bathed in the holy river!

A member of the British Exploring Society, Vijay is very keen to inspire others, especially the youth into travelling and exploring the world around us, the benefits he says, are more valuable than even the best formal education. His vision is that through such travel and adventure we become more ecologically aware and conscious of our impact on the environment, an ideology very much stemming from his Jain principles. He gives talks to schools about his trips, nature and how to care for the environment.

For those of us whose holidays are more mainstream but would like to be inspired by his adventures, check out Vijay's link below - the videos and photos are incredible and has certainly made me realise what a beautiful place the world

is. www.vijayshah.info





Learning Gujarati

Article by, Anushka Esha Haria (Daughter of Late Jigna Haria and Harish Haria, London)

I am 14 years old and started learning Gujarati in 2012 and sat the GCSE in 2014. My grandmother (Nani) played a big influencing role in my decision to take the subject. I think it is important to learn our language and culture, so as to give an identity in the modern world with its distinct attractions and distractions. It also helps me to communicate with my grandparents. For the past two years' I attended Canons Gujarati School on Sundays' for a two hour session during School term. I had a fabulous teacher, who motivated and encouraged us all. At times it was hard work, but fun too, being a small class our teacher was able to give her time to all the students. I sat the exam in the summer of 2014 and achieved an A* grade, there are four components of the exam and my marks were as follows: Writing 100%, Speaking 100%, Listening 100%, Reading 94%

Naturally, I was thrilled to learn about the result.

I love languages and at school I am taking Russian, Spanish and French for my GSCE's.

I hope many young Oshwals' will take Gujarati as a GCSE subject in the near future.

Congratulations to Keval and Bijal Shah who have both done extremely well in their A-Level and GCSE's respectively.



Keval has achieved 4 A*'s in Maths, Further Maths, Physics and Chemistry. He has secured a place at Imperial College London to study Maths with Physics.



Bijal has achieved a total of 21 GCSE's, 18 A*'s and 3 A's, of which 5 A*'s were GCSE's.

She is now studying A-Levels.

Both of them attended Wembley High Technology College. They have worked very hard and have come out with outstanding results.

As parents we are very proud and we wish them both every success in the future.

Shailesh and Kirtida Shah



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South Area

What is the future of our association in South London?

"The future depends on what we do in the present" ~ Mahatma Gandhi

Having been significantly involved with the youth club for over 20 years (few breaks in-between to recharge the batteries), I decided to take the step of joining the local main committee under the duress of being called old by my better half.

The idea was to pass over the reins of youth to the more spritely members of our community and work with the main committee to bring back lost generation of Oshwals to enhance our community offering.

So before you all jump up to shout out the reasons for not being 'interested', let me explain what a community means in its simple terms;

Community - ' A group of people living in the same place (South London) or having a particular characteristic in common (Jainism and our forefathers coming from the villages around Jamnagar)

My question to you is, have we as individuals become too elitist, whereby we have forgotten our common characteristics? I remember my time in Kenya when everyone looked forward to getting together at the annual events such as Diwali, Paryushan and festivals. There were always people taking part and helping in different events. Unfortunately here in South London, you have the same few attending and taking part in all the events, the rest of you have given up on your roots, sad to say.



Your community needs
YOU







During the Swami Vatsalya Bhojan, it was encouraging to see so many young children ready to volunteer their services to provide support for the occasion but at the same time it was clearly obvious that there was a particular age group who were not on the front line or in attendance.

A great big thanks has also to be given to the Bridge Club members, Gujarati School Teachers and all ready and willing volunteers on the day who worked hard on the day to ensure the event ran smoothly.

What does South Area Oshwal Association offer to you at present?

All regular activities organised can be seen on the

www.oshwal.co.uk/articles/south-regular-events

In Summary we have - Gujarati School, Music School for adults, Patshala, Satsang, Dal Rotli Club, Welfare Club, Karata Club, Bridge Club, Sports and Social club incorporating Saturday club, Badminton Club and social events.

If, however, you feel we are missing something please feel free to let us know.

This year our Gujarati School held its 40th Anniversary Celebration and it has to be one of our proudest achievements. The fact that a large number of our younger members have gone through the school to learn the Matru Bhasha, shows the desire of parents to ensure our language does not take the same route as Latin. In order to have another 40 years of success we need to ensure our children make the full use of what is being offered.

This is what some ex-students and the ex-education head had to say.

'Many years after completing Gujarati School, as a graduate student of Linguistics in Washington DC, I had the opportunity to work on a number of different languages - including endangered languages in Namibia and Botswana, a minority language in Cameroon, and various European languages... And suddenly, back in 2009, I asked myself why I had never chosen to work on my own mother tongue: Gujarati. What particularly interested me about the Gujarati language was investigating how it is being maintained outside of India. I had observed in my social network that people like me, who were second generation British Indians living in London, had similar abundant opportunities to hear and use the Gujarati language in daily life and that we also attended a Saturday Gujarati School to formally learn the Gujarati language. However, despite these similarities, I was puzzled by the fact that our levels of Gujarati varied drastically, with some of us having almost native-like proficiency in the language and others barely being able to construct a sentence in the language. It was my goal to investigate why this was the case. What initially began as a small project on Gujarati in Croydon to fulfil part of the requirements for a university class I was taking evolved into my PhD dissertation and will soon be published as a book.

Throughout the time I've been conducting research on the Gujarati language, I have continuously been thankful to the wonderful teachers I had at Gujarati School who ensured that we never forgot our roots, that we knew Gujarati, and were aware of our culture and background, all of which inspired me to work on my own people, both during my PhD and after. It was during my time as a student at Oshwal Gujarati School that I became increasingly interested in Gujarati and this interest carried over even after I left Gujarati School. The excellent teaching we received and the dedication of the teachers towards preserving the Gujarati language and culture inspired me to pursue this topic on a deeper level.

Sheena Bharat Shah (ex-Student)'

'Attending Gujarati School not only gave me the invaluable experience of learning about my culture and mother tongue, but also gave me the opportunity to make some lifelong friends. As I matured, I really enjoyed going to Gujarati School with the Prefects Show being a highlight of mine

Khilan Anupam Shah (ex-Student)'

'Gujarati school allowed us to organise and participate in events and plays, and encouraged us to be active members of the community, which have further strengthened these ties. I will always be grateful for the invaluable life skills that I have gained

Rishi Hashwin Nagaria (ex-Student)' 'The Shree Navchetan Andjhan Mandal School serves as a beacon of hope for some ?of the most underprivileged and misfortunate children in the world, and ensures? that they are given a chance to learn, experience life as a normal child, and most of all, a chance to be happy.

Their remarkable desire to learn and help each other was truly inspiring given their circumstances, and highlights the incredible work? CAREducation are doing to en-rich these extraordinary children's lives. Despite? an extensive range of disabilities I witnessed an unparalleled level of compassion, talent and willingness to participate, evidencing the universality? of what it means to be a child, regardless of where in the world we live.

By overcoming physical, language and cultural barriers with these children I was able to impart a small amount of?knowledge to them, but unanimously agreed they had taught us far more in two?weeks than we could ever teach them: their perpetually pure happiness, gratefulness for what little they had and their hunger to learn, truly taught?us about the sanctity of human life.

We have raised over £2000, which will fund 2 children's education for a lifetime.

I personally found being literate in Gujarati a huge asset, both to myself and to the rest of my group. It especially allowed me to communicate and thus connect with the deaf children on a much deeper level, which indeed enriched my experience of teaching. I'd like to express my gratitude for all your efforts and guidance in teaching me this vital skill of reading and writing our mother tongue. I was able to navigate my group through the Gujarati signposts in Bhuj and translate messages/letters between the School and us, which made me appreciate studying Gujarati. In fact, the A level allowed me to go as far as discussing professional opportunities for women in the West and rural India with the children!

Tej Hitesh Shah (ex-Student)'

'It is more than just a language. It is more than your mother tongue. It is an identity. It connects generations and builds relationships. It creates opportunities and self-awareness. Being able to speak your language is a prerequisite; it is an art, which necessitates guidance and practice. Oshwal Gujarati School, South Area has been instrumental in enabling thousands of students to learn and experience Gujarati over 40 exceptional years.

Jeeger Dodhia (ex-Education chairperson)'

Once again the students at the school have excelled in the GCSE and AS level exams and our heartiest congratulations go out to them all.

As you can tell there are a lot of activities being organised for everyone to come together and if you feel we can do more, then please stand up and raise the bar. Remember together we stand and divided we fall.

Hope to see many more of you at the next event, if I have managed to touch your heart strings.

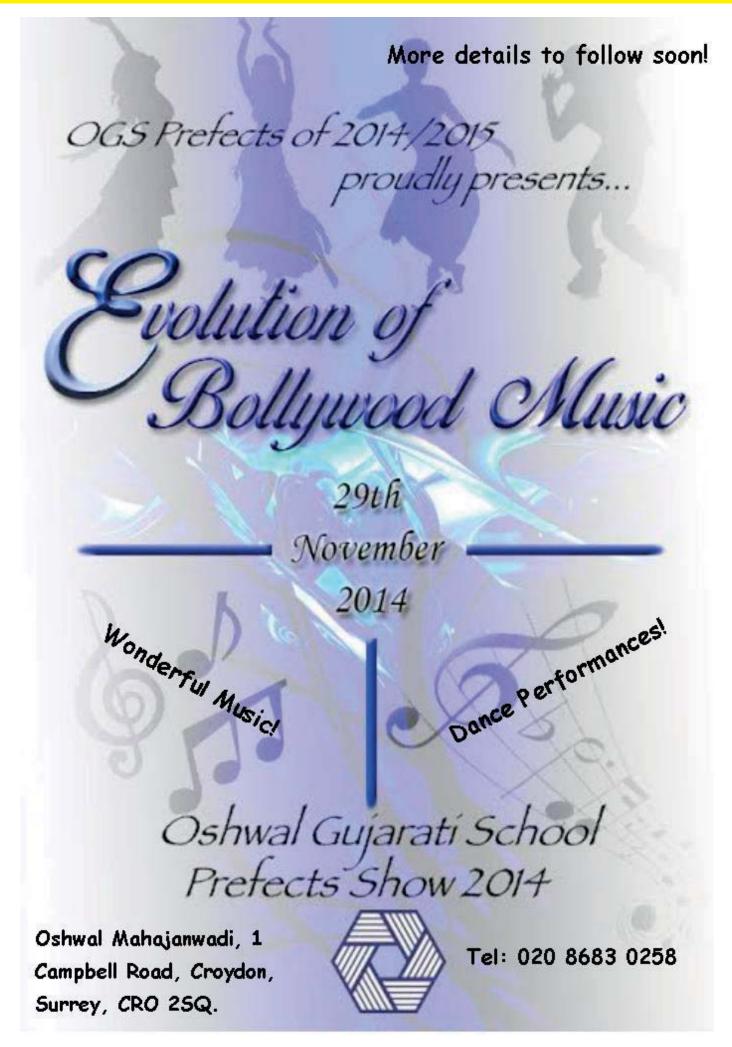
Keep an eye out for the Diwali programme being organised for the 19th October 2014. Check the website shown above for details.

Written by Hiten Savla

"To give pleasure to a single heart by a single act is better than a thousand heads bowing in prayer."

Grade
Α
В
Α
A*
A*
Α
Α
A*
A*
Α
Α

A-Level	Grade
Anjali Sailesh Shah	В
Devki Haresh Shah	В
Hiral Pilkesh Shah	D
Mahima Bharat Parmar	В



OSHWAL ASSOCIATION OF THE UK

Registered Charity No. 267037



WEST AREA

Presents

A Gujlish Drama (Gujarati-English)



Jahali Aavi Sapna Laby.

elselli Hell

or:

Parali Aavi Sapna Laby.

elselli Hell

v

Director: Tushar Joshi

A Very Hilarious Family Drama

Writer: Sanjay Jha



Artists: Hemant Parekh, Geeta Khatri, Mukesh Gohil, Jay Jani, Chaitanya Joshi, Zulaykha Shah, Janki Chotai, Denish Jani

Venue: OSHWAL CENTRE, Coopers Lane Road, Northaw Herts. EN6 4DG

Date: Sunday 23rd November 2014 @ 5.00pm (Full lunch from 2.00pm)

:: For Tickets and Show Enquiries Contact :: -

Anita Shah: 07903830844 | Keshubhai Shah (Columbo): 07735382657 (2pm-10pm)

Bhikhubhai Shah: 07768653387 | ManuBhai / Kirtibhai: 01707 643 838

Price includes a full Lunch from 2.00pm to 4.00pm. The show starts at 5.00pm

Management reserve the right to cancel or change the program

Volunteers required to translate English to Gujarati

The Publication team is looking for translators who can assist our Area Committees to translate English articles into Gujarati for our Oshwal Magazine and other fliers. Please send your name and phone number to:

Sudhir Meghji Shah on 07785 710914 or email: sudhirmeghjishah@gmail.com





Antique Collecting

Article by, Hasmukh Jethalal Shah

Antiques are growing in demand and becoming enormously stylish, they have an appreciation and worth. I have been a keen collector of antiquities for over 30 years. My passion for antiques begun in 1969 when I was working in London for the John Freeman Studio. They had a contract with the Victoria and Albert Museum where I took photographs of the world's most prestigious and valuable artefacts. From then onwards my enthusiasm for antiques begun and now I have an extensive collection of artefacts from around the world including China, India, Japan, and Africa and of course the UK.

The history behind these cultural items is incredibly remarkable and continues to build on my passion for antiques. With a growing demand and value for these cultural items finding the most unique items is a difficult task, especially with the growth in antique programmes being shown on TV. Therefore staying ahead in this market is no easy task. Whether I'm in the UK or on holiday I am always on the lookout for new antiquities in the market by visiting museums and being in contact with some of the world's antique dealers. As well as doing independent research to guarantee the uniqueness and origin of the antique. Antiques are growing in demand, it would be nice to see more Oshwals taking this up as a hobby. I am happy to help anyone who may be interested via the Editor.



FROM A SERIES OF VISHNU AVATARAS: RISHABHA. JAIPUR, CIRCA 1860. OPAQUE WATERCOLOUR



VIMALNATH ATTENDED BY CHAURI BEARERS.
THE THIRTEENTH JAIN TIRTHANKARA (OR JINA).
FROM A SERIES ILLUSTRATING THE
TIRTHANKARAS. JODHPUR, CIRCA 1800.



FOLIO FROM A JAIN KALPA SUTRA MANUSCRIPT FEATURING PARSHVANATH. CIRCA 1500. OPAQUE WATERCOLOUR ON WARQA.



FOLIO FROM A JAIN KALPA SUTRA MANUSCRIPT FEATURING PARSHVANATH. CIRCA 1500. OPAQUE WATERCOLOUR ON WARQA. PARSHVA IS THE 23RD TIRTHANKARA (FORD MAKER) IN JAINISM.

Original Collections of Hasmukh Jethalal Shah and Family.

Editor's Note:

OAUK wishes to thank Hasmukhbhai for sharing his collection with us.

In the future we would like to arrange an Exhibition to show everyone's Collections or have a Hobby Show. Please contact me on 07785 710914 or Email: oa_uk@yahoo.com - if you want to send us a similar write up? Sudhir M Shah



Oshwal Property Tycoons

Article by, Ashish Patani

Interested in Property Investments

My interest in property investments emerged several years ago, primarily because at the time our family was looking for a new larger residential home and considering what to do with our old house. After a couple of years of searching we purchased our ideal residential home and ended up renting out our old house.

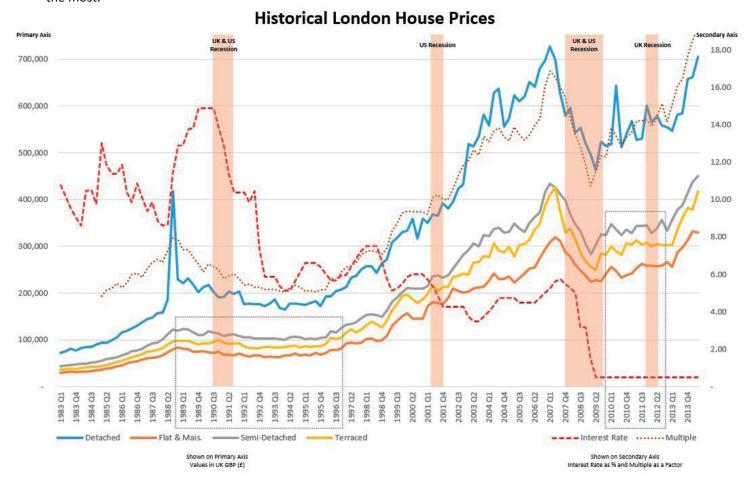
Through this process I met many people already involved heavily in property investments, and as a novice I had a lot to learn. Here I would like to share some pointers for young Oshwals thinking of making property investments. For this article, apologies to Oshwal Members outside of London, as I've limited the analysis to the London property market, because that's the market I know about the most.

Type of Property Investor

I have met Oshwal property investors, whom I classify as 'portfolio-investors' buying one property after another and creating portfolios of 50 or more properties, in multiple-locations and varying sizes.

The most common type of Oshwal property investors I have met, whom I classify as 'the professional' are highly qualified professionals (e.g. accountants, medics, opticians, dentists, pharmacists, etc) looking to invest as a means of generating a good side income to boost their overall annual income (via rental income), as well as build up a pension nest-egg (via capital appreciation).

In between are a multitude of investors like property developers and overseas Oshwals investors.



Source: Property Prices from Halifax House Price Index (www.lloydsbankinggroup.com), Interest Rates from Bank of England (www.bankofengland.co.uk) and Pay Multiple derived from Office of National Statistics data on Labour Salaries (www.ons.gov.uk)

Is it a good time to invest in Properties?

The last couple of years have seen unprecedented rises in London property prices fuelled by a combination of historic low interest rates, quantitative easing and gradual improvements in the economy.

To make any reasonable extrapolations about the future London property market, lets quickly look at historical London house prices.

A variety of data sources were used to compile the chart and is for information purposes only. A number of observations can be made from the chart.

- 1. Period from 1989 Q1 to 1996 Q3 (a period of over 8½ years) saw the longest period of price stagnation in most properties (excluding detached properties). This occurred during a period of dramatic decreases in interest rates. A similar period of property price stagnation occurred between 2010 Q1 to 2012 Q2, again when interest rates were dramatically low. The key difference in this second period was that price volatility was significantly higher.
- Property prices were affected far more when both UK and US were in recession, such as the 2008-09 recession, rather than when UK alone is in recession. If anything, the UK only recession in early 2012 did nothing to deflate property price growth.
- 3. The Pay Multiple provides a ratio of how many times property prices are greater than the average London annual salary. The Multiple has increased from 5 to 20 over the last 30 years.

Factors to Consider

General improvements in the economy, greater probability of an interest rate rise in the next 12 months, lower of quantitative easing, tightening of mortgage lending rules as well as the highly questionable sustainability of such a high pay multiple are all factors likely to lead to a period of more gentle price growth.

The question of 'affordability of properties' is key to understand the likely future of the London property market.

Making properties more affordable can by done by building new 'cheaper' homes, increasing the average annual salary dramatically or lowering property prices. However, none of these options are likely to be effective.

- While many houses are being built most are at the luxury end of the market thus not addressing the affordability question. (Source: Shelter)
- While annual salaries have seen some improvements in the last couple of years, there are a long way from lowering the Pay Multiple significantly.
- While lowering properties prices may happen on individual cases to ensure a quick sale, it is highly unlikely to occur at a general level, as it would raise the prospects of negative equity as well as deflation. Something, which the UK Government or the Bank of England would not want.

Indeed, in early September, The Royal Institution of Chartered Surveyors (RICS) said: "price momentum in London had started to 'soften', as flats and houses had become more unaffordable."

John J King FRICS, Surveyor at Andrew Scott Robertson, said: "vendors are aware that prices have cooled."

Furthermore, overseas buyers whom have often helped fuel price increases "are less active, possibly due to value of the pound and fears of future tax changes" according to Robert Green MRICS, Surveyor at John D Wood & Co.

What does this mean for 'the Professional' investor?

In reviewing property investments consider what the overall profit is. This is a combination of net rental income (i.e. rental income less related expenses) and net capital appreciation (i.e. different between buying and selling price less selling and buying costs).

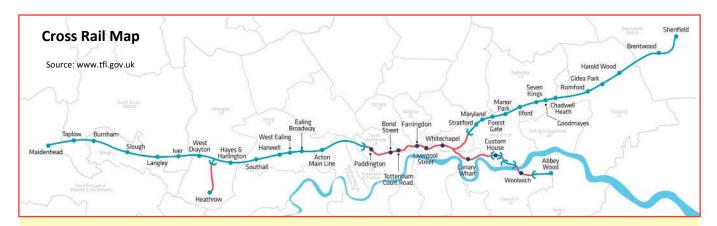
Gentle price growth essentially means while property prices may continue to increase, they will do so only at a much slower pace. Thus, in the short-term net capital appreciation can be lower or even zero, thus ask yourself what is your investment time-frame and would net rental income alone be sufficient to make a property investment viable?

A very simple strategy followed by one Oshwal I know, is to buy flats at the very low end of the market for rental purposes. This often provides good rental yields, while requiring lower deposit amounts for initial purchase. Capital appreciation is negligible in these cases, but the net rental yield is often a couple of per cent points above the interest rates earned in bank savings accounts.

Another interesting strategy involves buying a freehold property with a view to convert to a couple of one- or two-bedroom apartments. Then selling one apartment as leasehold to release part of the capital investment, while renting the other one out, and retaining the overall freehold for the long-term capital appreciation benefits. Investing in property development projects could be an option. Property developers are better placed to identify viable property investments by shifting through the myriad of projects available in London as well as have access to the ears of estate agents and financiers. However, the professional investor should carefully consider all the tax and legal implications. Often, the property could be a financial wrapper in an investment structure rather than a brick-and-mortar property investment. This isn't to say that such investments are bad or unprofitable, simply that investors should understand fully what they are getting into.

Where to invest in London?

There is no magic answer. Simply put, do your research, as there are plenty of opportunities in London available, everything from large scale regeneration development projects to simple buy-to-lets. I've have highlighted above three areas which are of interest. Of course, there



Cross Rail

£15bn investment developing 100km rail route from Reading & Heathrow in the West London to Shenfield and Abbey Wood in East London bringing 1.5 million people within 45 minutes commute to Central London. Property prices in the new commuter zone would already have factored in some of the Cross Rail advantages but opportunities are still available.

Elephant & Castle

£1.5bn regeneration project with 3,000 new houses being built (of which 600 are classed as affordable) as well as new 50 commercial properties. Off-plan buy-to-let opportunities likely to be available.

Harrow & Wealdstone

Harrow Council has indentified 21 development sites in Harrow & Wealdstone with a view to developing both infrastructure as well as residential housing, including some 2,800 net new homes. An array of opportunities across the Borough available but detailed is research recommended before jumping into the property investment market.

are many other areas/opportunities available in London and the above is not meant to be an exhaustive list.

Bhavik Shah, of Niveda Group, says "With the sharp increase in net immigration into the UK over the past few years, there is a constant shortage of low and medium-cost housing, especially in London. With this trend expected to continue over the near term future, residential property prices can be expected to increase in London."

Tips for Budding Oshwal Property Tycoons

- Research it is essential to spend time doing research, visiting prospective properties and areas. Don't just view the property, spend time going round the near-by area to see what the area offers in totality. Research all the tax and legal implications of property investments by talking to advisors.
- 2. Crunch the Numbers do the maths and shop around for financing options. Run scenarios of changes to rent, vacancy of properties, mortgage interest increases, etc. Consider, is the property investment still viable under different scenarios?
- 3. Manage People build good working relations with estate agents, visit them and talk to them. Similarly, talk to your finance providers and advisors. Above all, for buy-to-lets consider the type of tenants you want, e.g. families, students, etc. For property developers, check out their history and visit properties they have previously done-up.
- 4. **Keep things Simple** don't be over ambitious with what you can do with a property. Often, investors

have multiple objectives - rental income in short-run, then possibly a retirement home for themselves, or a home for their son or daughter. General advise, don't try and find a magic property which can serve a multiple objectives. Be focused and find a property which serves the key objective. You can always sell the property and get a more appropriate property for a different objective when the time comes.

5. Monitor & Take Action - Regularly review your investment and check if it fulfilling the objective you set-out with. Remember, its best to cut your losses on a wrong investment and move on, than to wait indefinitely for things to recover.

And finally...

There is a vast amount of information and resources on the Internet for budding property investors, but the best means I have found to get into the property market is through networking. So get out there and talk to other Oshwals and see what we can achieve together.

Disclaimer:

Nothing in this article is meant to be investment advice. My intention is simply to get the Reader thinking about the matters covered within this article. This article is meant for UK based Readers, as the investment environment, rules and regulations outside of UK may be different from that described herewith. Remember, value of investments can go down as well as up. You should always do your own research and seek professional advice when making investment decisions.

Autor's Note:

I would love to hear your feedback on my article - good or bad, all feedback is welcome. Please feel free to drop me an email: ashishpatani@gmail.com



One Year on from the Westgate Attack

"Boys and girls, the anger you feel is valid, but you must not allow yourselves to be consumed by it. The hurt you feel must not be allowed to turn into hate, but instead into the search for justice."

~ Mr Banerjee, Principal of Oshwal Academy, Speaking at a Memorial Service held at Oshwal School

One year ago, what was a normal Saturday (21 September 2013) turned into an unbelievable nightmare when evil consumed the Westgate Shopping Centre in Nairobi, Kenya, with a spray of bullets and blood.

The popular Shopping Centre was packed full of shoppers and people going about their own business, people having lunch, sipping coffee, friends and family meeting and going about their normal Saturday errands...and a special children's cooking competition added to the buzz on this particular Saturday.

This was shattered as the attackers' bullets cut short many lives of men, women and children of various races, nationalities and religious backgrounds. In the carnage that ensued, three Oshwal students lost their lives – Neha Manish Mashru, Pavraj Singh Ghattaurhae and Pramsu Jain.

Oshwal School, Nairobi, held a memorial service (27 September 2013) these students and others who lost their lives that day including – Mitul Amratlal Shah a former student of the School and Anuj Virchand Shah, father of Student at the School.

All Oshwal Schools had united to attend this memorial service of remembrance, with the students welcoming the families of the deceased with high respect and prayers.

Mr Banerjee, Principal of the Oshwal Academy, paid a lovely tribute to all the students:



"Neha Manish Mashru of Year 11A was full of virtues and was a loving girl, prefect, an excellent cook, a dancer, an actress, a darling student of Oshwal Academy. She was there with her mother and other friends as she was the finalist for the cookery competition. She was there at the competition ready to take up the challenge to prepare a hot desert and a cold biting and, and in a cruel twist of fate, was left cold for ever.



"Pavraj Singh Ghattaurhae, our past Year 11 student of 2011/2012 class was humble and respectful. He was naughty sometimes and we loved it. An excellent Hockey Player and sports man who wished to be a rally driver. He had the chance to run but chose to stay with his grandmother who was immobilized after being shot. We salute his concern for elders and his determination not to run away from adversity.



"Master Pramsu Jain, had just come into Kenya and chose Oshwal Academy Nairobi. He was there with his mother and his sister who is also a student of the Academy. He lost his life whereas his mother and sister were injured."



Of Mitul Amratlal Shah a former student of the School, Mr Banerjee said "We salute Mitul Amratlal shah who was a former student of Jain Primary and Junior High and later Studied at University of Kent. He was a lover of football and Formula 1 and was the president of Bidco United Football Club. He was the Sales and Marketing Director of Bidco Oil and he was present at the cookery show on behalf of the sponsors. His first thought was to save the kids. He saved 20 children before being gunned down while on the phone, communicating to his relative that he was still looking for more kids to save. We salute your conscience and resilience Sir."

Mr Banerjee went on to provide both prayer and guidance to the many young students that had gathered. "Boys and girls, the anger you feel is valid, but you must not allow yourselves to be consumed by it. The hurt you feel must not be allowed to turn into hate, but instead into the search for justice. The loss you feel must not paralyze your own lives. We have been struck hard and no doubt we are at our lowest but together we shall rise again.

"Just learn that the greatest gift of life is friendship and the greatest healing therapy is friendship and love. Those who are lost now belong to God. Some day we will be with them. But until that happens, their legacy must be our lives.

"True love means to hold on at any cost. True love also means to let go. And we have to let go today."

Mr. Banerjee's words beautifully echoed the thoughts and prays of all gathered.

At the close of the memorial service, the students presented a tribute to the families of their fallen school friends at the shrine which had been beautifully decorated with flowers. The organisation, hard work and the resilience of the students in the face of such grief was an inspiration to all gathered and resonated the best of Oshwal.

Special Thank you

This article would not have been possible without the help of Mukeshbhai Shah and Mr Banerjee, Principal of Oshwal Academy, Nairobi, Kenya.

Oshwal Community Australia

Did you know?

After almost three and a half years of dedication of members, the Visa Oshwal Community of Australia (VOCA) was officially incorporated on 27th September 2012. Thereafter, the 1st Annual General Meeting of VOCA was held on 19th May 2013 and the following members were elected for the year 2013 – 14: Aniket Maroo (President), Nilesh Shah (Vice President), Milan Chandaria (Secretary), Hitesh Shah (Treasurer), Anu Shah, Kamal Shah, Darshak Shah, Anish Shah, Dipti Shah, Nina Shah.



Do you want to make a difference?

Do you want to be inspired?

Do you want to change perceptions about disabilities?

Then join us to achieve our vision of inclusion, integration and awareness of special needs.

We need YOU

To find out more contact Urvina Shah at en@oshwal.org or on 07875630879.



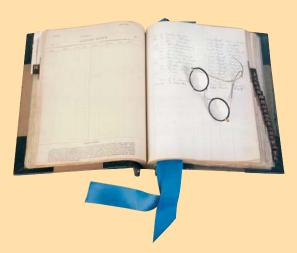
CHOPDA PUJAN CEREMONY

on 23rd October 2014

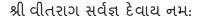
Please attend the CHOPDA PUJAN on Thursday evening at Oshwal Centre.

Dinner 6.30 to 7.45pm Pujan starts sharp at 8.00pm

Further details on booking from the Office telephone number 01707 643 838 or our website www.oshwal.org



On behalf of the OAUK Religious Committee Sushilaben L Shah & Varsha D Shah please attend our above programme and the Diwali celebrations at the Oshwal Centre and other areas.



શ્રી મહાવીર દેવાય નમ:

સ્વઃ ઇન્દ્રબેન ને ભાવથી શ્રદ્ધાંજલી અર્પણ કરીએ છીએ.

જન્મ: જન્મ:30-૬-૧૯૪૨ નાઇરે નાઇરોબી- કેન્યા



દેશન્ત : ૧૧ -૧૦-૨૦૧૩ લંડન – યૃ. કે

સ્વ : ઇન્દ્રબેન પ્રવીણભાઈ સુમરીયા

ઇન્ફ્રિબેન તમોએ માનવ ભવ મેળવીને ઋણ પૂરા કરવા માટે માતા પિતા ને ત્યાં જન્મ ધારણ કર્યો . ઉમર લાયક થતાં પૂર્વના ઋણાનું બંધ અનુસાર શ્રીયુત પ્રવીણભાઈ ભારમલ રાયશી સાથે લગ્નગ્રંથિ થી હિસાબ પૂરા કરવા જોડાયા. તમારી સુસંસ્કાર યુક્ત જીવન રહિત ફરજ બજાવતા રહ્યા,ને ઋણાનું બંધ અનુસાર બે પુત્રીઓ અને એક પુત્રનો સંયોગ પ્રાપ્ત થયો.

આવા યટપટા આપિ વ્યાપિ ઉપાપિ ભર્યા સંસારમાં રહીને તમોએ વિવેકપૂર્વક આત્મહિત અર્થે ભવિષ્યનો વિચાર કરીને આત્મન્નાની શ્રીમદ રાજયંદ્રજી ના પત્રોનો સત સમરગમ સત્સંગ યાલુ રાખ્યો. જીવનના અંત સુધી અનુભવી ન્નાનીના ઉપદેશના શાસ્ત્રો, ટેપો અને વિડીયો ધ્વારા સતત લાભ લેતા રહ્યા હતા. સંસારમાં રહેવા છતાં તમારું મન સંસારથી ઉદાસીન રહ્યા કરતું હતું. છેલ્લે દેહમાં બીમારી આવવા છતાં જરાય ડગ્યા વિના હીમત હાર્યા વિના દૂ:ખને ભૂલીને આત્મા જાગૃતિ સતત જાળવી રાખેલ જેથી આપશ્રીનું જીવન ધન્ય બનાવ્યું, એ જોઈને અમને દૂ:ખ લાગવા છતાં, સંતોષા થાય છે કે તમો જાગૃત રહીને આત્માનો ઉદ્ધાર કરવાનો ઉપાય યાલુ રાખ્યો હતો.

આપનો અવિનાશી આત્મા જ્યાં હો ત્યાં આગળ પ્રગતિ કરીને સિદ્ધ દશાને પામો એવી પ્રભુને પ્રાર્થના કરીએ.

ૐ શાંતિ શાંતિ શાંતિ

Dearest Nanima & Dadima

Words cannot describe how we feel at this moment in time as we write this passage for you. You have inspired us with your stories of when you were young; they encourage us to make the most of what we have and to relish in each individual burst of happiness that comes our way and to make the most of all the opportunities that we are given. You taught us to see the best in people no matter what their flaws and pain that they have caused. It is because of you that we know the true meaning of unconditional love, because you showed it to us and taught us how to show it to others. Even when you are not here in physical form you will remain in the hearts of all those that you touched and your memory will live on forever.

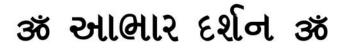
Kiyani, Daena, Sophia, Aryan, Xavier & Zachary

We wish to express our heartfelt gratitude to all the immediate and extended members of our family and friends who have supported us and shared our grief through this extremely difficult time for us.

Om Shanti, Shanti, Shanti

Pravinbhai, Samir, Hatika, Sejel, Dipan, Deepel & Trevor





શ્રી મહાવીરાય નમ: શ્રી પાર્વવાથાય નમ:



Prabhulal R Shah (27.10.1943 –20.10.2013)

Mombasa - London



Raichand V Shah (1924 –16.08.1965)

Nani Rafudar - Mombasa



Laxmiben R Shah (1925 –10.03.1986)

Khirasara - London



Kapurchand R Shah (06.05.1946 -23.05.1989)

Mombasa - London

શ્રી પ્રભુલાલ રાયચંદ વેરસી ગોવા શાહ (માલ્દે)

૨૭.૧૦.૧૯૪૩ મોમ્લાસા કેન્યા – ૨૦.૧૦.૨૦૧૩ કેન્ટન લંડન

જીવન એવું જીવી જાજ્યા, કે મૃત્યુ જરા થોભી ગયું,દુ:ખને દેખાડયું નિક્ર, સુખને છલકાવ્યું નિક્રિ હસતું રાખ્યું મુખ્તું સદા, શાન્તિથી લીધી તમે વિદાય,વસી ગયા અમ દૃદયમાં, સ્મરણ આપનું રહેશે સદાય કોરાઈ ગયા દિલ વિરહમાં, પી ગયા અમે ગમ ભધાં,પત્થર મૂકી દૃદયપર, ધરીયે અંજલી અશ્રુભરી અમ ભધાં જગાવી માયા અમ જીવનમાં, જીતી ગયા દૃદય સહુનાં,હાથ જોડી પ્રાર્થિયે દૃદયથી, તમ આત્માને મળે ચિરશાંતિ

ૐ શાંતિ: શાંતિ: શાંતિ

લી.ગં.સ્વ.શાન્તાભાકેન પ્રભુલાલ, નેવીલ પ્રભુલાલ, ભીન્દલ નેવીલ તુષાર મૂલચંદ નાગડા, કર્ષા તુષાર, નિરવ તુષાર, દિલન તુષાર ગં.સ્વ.સુભદા (સુધાભાકેન) કપૂરચંદ, સંજીવ કપૂરચંદ, ભિરવા સંજીવ, કાવ્યા સંજીવ, ધીરજ કપૂરચંદ ચંદુલાલ રાયચંદ, છેલા ચંદુલાલ, આશિત ચંદુલાલ, આભ ચંદુલાલ, ડેનિયેલા આભ કરીશચંદ્ર રાયચંદ, જયશ્રી કરીશચંદ્ર, સજની કરીશચંદ્ર, સ્નેકલ કરીશચંદ્ર

As you have attained eternal peace, your fond memories are treasures that we will always cherish.

We can never forget the happiness and joy you gave us. We revere your teaching and we hold very dear your deep love that has become an intrinsic part of us.

We miss you.

Shanta, Sudha, Chandu & Ela, Harish & Jayshree Harsha & Tushar, Neville & Bindal, Sanjeev & Birwa, Aashit, Aabh & Danijela, Dhiraj, Sajni, Snehal Neerav, Dillon, Kaavya